Compte: 32 Mur: 4 Niveau: Improver
Chorégraphe: Heather Freeman (UK) - November 2007
Musique: L.A. - Amy Macdonald : (Album: This Is The Life)

Intro: 32 counts.

## Section 1: Rock Back Right, Shuffle Forward Right, Pivot $1 / 2$ Right, Shuffle $1 / 2$ Turn Right

1-2 Rock back on right. Rock forward onto left.
3 \& $4 \quad$ Step forward right. Close left beside right. Step forward right.
5-6 Step forward left. Pivot $1 / 2$ turn right.
7 \& $8 \quad$ Shuffle step forward making $1 / 2$ turn right, stepping - left, right, left.
Section 2: Rock Back Right, Kick Ball Change Right, Walks x 2, Shuffle Forward Right
1-2 Rock back on right. Rock forward onto left.
3 \& $4 \quad$ Kick right forward. Step right beside left. Step onto left in place.
5-6 Step right forward. Step left forward.
7 \& $8 \quad$ Step forward right. Close left beside right. Step forward right.
Section 3: Cross Back Side x 2, Cross Rock Forward Left

| $1-2$ | Cross left over right, Step back right, |
| :--- | :--- |
| $3-4$ | Step left to side, Cross right over left, |
| $5-6$ | Step back left, Step right to side, |
| $7-8$ | Cross rock forward on left. Rock back onto right. |

Section 4: Rock Back Left, $1 / 4$ Turn Right, Pivot $1 / 4$ Right, Shuffle Forward Left, Rock Forward Right
1-2 Rock back on left. Rock forward onto right.
3-4 Step forward left, Pivot $1 / 4$ turn.
5 \& $6 \quad$ Step forward left. Close right beside left. Step forward left.
7-8 Rock forward on right. Rock back onto left.

## Begin again.

Tag: Danced At The End of 4th Wall Only: Facing The Front
Side Behind, Chasse Right, Cross Side, Sailor Step Left
1-2 Step right to side, cross left behind.
3 \& 4 Step right to right side. Close left beside right. Step right to right side.
5-6 Cross left over right, step right to side.
$7 \& 8 \quad$ Cross left behind right. Step right to right side. Step left to place.
Cross Side, Behind \& Cross, Left Side Rock, Cross Shuffle Right
1-2 Cross right over left, step left to side.
3 \& $4 \quad$ Cross right behind left. Step left to left side. Cross right over left.
5-6 Rock left to left side. Recover onto right.
7 \& $8 \quad$ Cross left over right. Step right to right side. Cross left over right.
Start from the top.

