Albuquerque Express

Niveau: Beginner

Chorégraphe: Randy Davis (USA) - April 1981

Musique: If It's the Last Thing I Do - Montgomery Gentry : (CD: You Do Thing)

The Dance will progress at the completion of each 20 counts to face a 1/4 turn to left to begin the sequence again.

(1-4) TWO TRIPLES FORWARD

Compte: 20

- 1&2 Step forward onto Right Foot (1), Step forward onto the ball of Left Foot next to Right (&), Step forward onto Right Foot (2),
- Step forward onto Left Foot (3), Step forward onto the ball of Right Foot next to Left (&), Step 3&4 forward onto Left Foot (4)

(5-8) TWO KICKS FORWARD & TWO STEPS BACK

Kick Right Foot out in front of you twice, (1-2) Step back onto Right Foot (3), Step back onto 1-4 Left Foot (4)

(9-10) TWO TOE TOUCHES IN BACK

1-2 Touch Right Toe behind you (1-2)

(11-14) TWO TRIPLES FORWARD

- 1&2 Step forward onto Right Foot (1), Step forward onto the ball of Left Foot next to Right (&), Step forward onto Right Foot (2)
- 3&4 Step forward onto Left Foot (3), Step forward onto the ball of Right Foot next to Left (&), Step forward onto Left Foot (4)

(15-18) FOUR COUNT KICK AROUND

- 1-2 Kick Right Foot out in front of you (1), Kick Right Foot out to the Right (2)
- 3-4 Bring Right Foot behind Left Calf (3), Touch Right Heel out to the Right (4)

(19-20) TOUCH AND ¼ TURN

1&2 Touch Right Toe in front of Left Foot (1), Pivot on the balls of Both Feet a 1/4 turn Left (&), Shift weight onto Left Foot (2)

Begin again.





Mur: 4