I'll Be Standing By



Compte: 32 Mur: 4 Niveau: Improver

Chorégraphe: Sebastiaan Holtland (NL) - January 2008

Musique: I'll Be Standing (feat. Lemar) - Ali Campbell : (Album: Running Free 07)



Intro: 16 counts after vocal 1-2-3-4

WALK FWD, WALK FWD WITH 1/4 TURN, 1/2 SAILOR CROSS, ROCK / RECOVER, LOCKSTEP WITH 1/4 TURN

4.0	01 D11		1/1/
1-2	Step Rt forward.	step Lt forward with	1/4 turn right weight onto Lf (3:00)

3&4 Step Rf behind Lf, step Lf to the left with 1/2 turn right, step Rf across Lf weight onto Rf (9:00)

5-6 Rock Lf forward, recover on Rf

7&8 Step Lf forward with 1/2 turn left, lock Rf behind Lf, step Lf forward weight onto Lf (3:00)

STEP PIVOT WITH 1/2 TURN, 3/4 CHANNE TURN, SIDE STEP, CROSS ROCK /RECOVER, LOCKSTEP FWD WITH 1/4 TURN

1-2 St	ep Rt forward, turr	ı 1/2 lett take weig	ght onto Lf (9	9:00)
--------	---------------------	----------------------	----------------	-------

3-4 Close Rf next Lf, Rf+Lf turning 3/4 left and step Lf to the left weight onto Lf (12:00)

5-6 Rock Rf over left, recover on Lf

7&8 Step Rf forward with 1/4 turn right, lock Lf behind Rf, step Rf forward weight onto Rf (3:00)

PUSH STEP FORWARD, SWEEP WITH 1/4 TURN, SAILOR CROSS, SIDE ROCK / RECOVER WITH 1/4 TURN, LOCKSTEP FWD

1-	2	Push	I f forward	. recover on F	Rf and	sween vour	I f from froi	nt to had	k with 1/4 tu	rn left (12:00)

Step Lf behind Rf, step Rf to the right, step Lf across Rf weight onto Lf (12:00)
Rock Rf to the right, recover on Lf with 1/4 turn left weight onto Lf (9:00)
Step Rf forward, lock Lf behind Rf, step Rf forward weight onto Rf

MAMBO SIDE WITH 1/4 TURN, MAMBO SIDE, 1/4 TURN TAP FWD, BACK HIP BUMPS, SIDE STEP WITH HIP ROLLS, TOUCH

1&2 Mambo Lf in front of Rf, recover on Rf, step Lf to the left with 1/4 turn left weight onto Lf

(6.00)

3&4 Mambo Rf in front of Lf, recover on Lf, step Rf to the right weight onto Rf

5&6& Turning 1/4 left, and tap Lf forward weight onto Rf, bump your R hip back 2 times, Take

weight onto Lf (3:00)

7&8 Step Rf to the right and roll your R hip cw, recover on Lf and roll your L hip ccw, and touch Rf

next to Lf take weight onto Lf (3:00)

REPEAT AND HAVE FUN