My Sister



Compte: 48 Mur: 4 Niveau: Improver

Chorégraphe: Kate Valentin (DK) - January 2008

Musique: My Sister - Reba McEntire : (CD: Room To Breathe)



Intro: 32 Count intro

Section 1: Cross Rock R, Chassé Right, Cross Rock L, Chassé Left.

1 - 2	Cross rock forward on right. Rock back onto left.

Step right to right side. Close left beside right. Step right to right side. 3 & 4

5 - 6Cross rock forward on left. Rock back onto right.

7 & 8 Step left to left side. Close right beside left. Step left to left side.

Section 2: 2 Paddle turns 1/4 Turn L, Sailor Step R, Sailor Step L 1/4 Turn L.

1 – 2	Step forward right. Pivot 1/4 turn left.(Weight ends on left.)
3 – 4	Step forward right. Pivot 1/4 turn left.(Weight ends on left.)
5 & 6	Cross right behind left. Step left to left side. Step right to place.

7 & 8 Cross left behind right turning 1/4 turn L. Step right to right side. Step left to place.

Section 3: Step, Lock, Lock forward R, Step, Lock, Lock Forward L.

1 – 2	Step forward right. Lock left behind right.
-------	---

3 & 4 Step forward right. Lock left behind right. Step forward right.

5 - 6Step forward left. Lock right behind left.

7 & 8 Step forward left. Lock right behind left. Step forward left.

Section 4: Cross, Back, Ball Cross Step Side, Back Rock L, Pivot 1/2 Turn R.

1 - 2Cross right over left. Step back on left.

&3 - 4Step ball of right slightly behind left. Cross left over right. Step right on right.

5 - 6Rock back on left. Rock forward onto right.

7 - 8 Step forward left. Pivot 1/2 turn right

Section 5: Shuffle 1/2 Turn R, Coaster Step R, 4 Hip Sways.

1 & 2	Shuffle step for	orward making	1/2 turn right	stepping - le	eft right left
1 4 4	Offullic Stop it			SICDDING IV	oit. Hailt. Ioit.

Step back left. Step right beside left. Step forward left. 3 & 4 5 - 8

Step to left on left, swaying hips - left, right, left, right.

Section 6: 3 Side Step Back Rocks, Pivot 1/2 Turn L.

1 - 2&	Large step on left to left, rock back on right, recover weight on left.
3 - 4&	Large step on right to right, rock back on left, recover on right.
5 - 6&	Large step on left to left, rock back on right, recover weight on left.
7 - 8	Step forward right. Pivot 1/2 turn left.

Optional Ending (on 7th wall (starting 6 O'Clock, section 6)

Section 6: 3 Side Step Back Rocks, Step forward on right turning 1/4 Turn R

1 - 2&	Large step on left to left, rock back on right, recover weight on left.
3 - 4&	Large step on right to right, rock back on left, recover on right.
5 - 6&	Large step on left to left, rock back on right, recover weight on left.
7 – 8	Step forward on right turning 1/4 turn right, Hold. Throw Arms in the Air

This Dance is Written to my Sister Marianne, who's going through a hard Time right now. I Love You "Sis"......

I hope all of You will enjoy this Dance...

