My Everything

Compte: 48

Niveau: Intermediate

Chorégraphe: Micaela Svensson Erlandsson (SWE) - January 2008

Musique: My Everything - Jennifer Brown

Also:

When I Need You by Leo Sayer (110 bpm) Ta mig till havet, by Peter Lundblad (101 bpm)

Intro: 24 counts.

Long step left, Slide right, Long step right, Slide left

- 1-3 Long step to left, slide right to left (over 2 counts) weight stays on left
- 4-6 Long step to right, slide left to right (over 2 counts) weight stays on right

Turn ¾ right, Step R back, L together R forward

- 7-9 Step 3/4 turn right, stepping - left, right, left.
- 10-12 Step back on right, step left beside right, step right forward.

Step, turn ³/₄ right, Sweep back, unwind (turn) ¹/₂ right

- Left step forward into 3/4 spiral lock right turn (14-15). 13-15
- 16-18 Sweep R out from front to back, Step back on R behind L. Unwind (turn) 1/2 right.

Cross, step, turn 1/2 left, Cross, side step, turn 1/2 left

- 19-21 Cross left over right. Step back on right. Step left 1/4 turn left.
- 22-24 Cross R over L, Step L to L turn 1/2 L, step R to R.

Tags here, wall 2 and 5

Left Twinkle, Cross, turn ¼ Right, turn ¼ Right

- Turning slightly R step L across R, side step R, turning slightly L step in place L 25-27 28-30 Cross R over L, turn ¼ R stepping back on L, turn ¼ R putting R, to R.
- Restart here on wall 7

Crossover steps with knee hitches

31-33 Left crossover; hold; hitch right knee sharply upwards 34-36 Right crossover; hold; hitch left knee sharply upwards

Crossover step with knee hitch, rock step, turn 1/2 R

- 37-39 Left crossover; hold; hitch right knee sharply upwards
- 40-42 Rock forward on R, Recover weight on L, turn 1/2 R stepping forward on R.

Stride forward on L, Drag, Hook R, Stride back on L, Drag, Hook L

- 43-45 Stride forward on left, drag right along, Hook right knee up.
- 46-48 Stride back on right, drag left along, Hook left knee up.

Begin again.

Tag: *Only for My Everything The Tags are On wall 2 and 5.

Cross, Hold, side step.

1-3 Cross left over right, Hold step right to right.

Dance the first 24 counts, do the tag, then continue from step 25 *

Restart On wall 7 Dance until count 30, then Restart*





Mur: 4

Dedicated to Paulo Pereira, with all my love.