Achievements

Niveau: Easy Intermediate

Chorégraphe: Jan Wyllie (AUS) - December 2007

Musique: You Can Get It (If You Really Try) - Mark Medlock

(32 count intro), start on vocals.

Rock Return, Coaster, Rock Return, Coaster

- 1,23&4Rock/step fwd on L, Rock back on R, Step back on L, Step R beside L, Step fwd on L5,6,7&8Rock/step fwd on R, Rock back on L, Step back on R, Step L beside R, Step fwd on RScuff Touch Bump x2, Rocking Chair, Scuff Touch Bumpx2, Rocking Chair9,10,11,12Scuff L towards left corner, Touch L toe down, Bump L heel twice taking wt on L12,4445Rock/step fwd on R
- 13,14,15,16 Rock/step fwd on R, Rock back on L, Rock/step back on R, Rock fwd on L (facing L corner)
- 17,18,19,20 Scuff R towards right corner, Touch R toe down, Bump R heel twice taking wt on R
- 21,22,23,24 Rock/step fwd on L, Rock back on R, Rock/step back on L, Rock fwd on R (facing R corner)

Shuffle Fwd, Rock Return, Step Back Across, Side Rock Return

- 25&26,27,28 Shuffle towards right corner stepping L,R,L, Rock/step fwd on R, Rock back on L
- 29,30 Step back on R, Step L across right straightening up to the side wall (3 o'clock)
- 31,32 Rock/step R to right, Rock/return wt sideways onto L

Stomp Toes In, Toes Out, Heel Out, Toes Out, Repeat On OppositeFoot

- 33,34 Stomp R beside L with toes of R pointed in, Turn R toes to right
- 35,36 Turn R heel to right, Turn R toes to right
- 37,38 Stomp L beside R with toes of L pointed in, Turn L toes to left
- 39,40 Turn L heel to left, Turn L toes to left

Cross Rock Return, Side Shuffle, Cross Rock Returln, 1/4 Shuffle

- 41,42,43&44 Cross/rock R over L, Rock back on L, Shuffle right stepping R,L,R
- 45,46,47&48 Cross/rock L over R, Rock back on R, Making 1/4 left shuffle fwd L,R,L

Rock Return, Step Back Touch Heel, Step Back Touch Heel, 1/4 Heel & Heel

- 49,50,51,52Rock/step fwd on R, Rock back on L, Step back on R, Touch L heel fwd53,54Step back on L, Touch R heel fwd
- &55&56 Making 1/4 left step R beside L, Touch L heel fwd, Step L beside R, Touch R heel fwd

Rock Return, Shuffle Fwd, Step Pivot 1/2, Step Pivot 1/4

- 57,58,59&60 Rock/step back on R, Rock fwd on L, Shuffle fwd R,L,R
- 61,62 Step fwd on L, Pivot 1/2 right transferring wt to R
- 63,64 Step fwd on L, Pivot 1/4 right transferring wt to R

Begin again.

There is an 8 count tag at the end of walls 1, 2 and 3, please do the following

- 1,2,3,4 Walk fwd L,R,L Touch R beside L
- 5,6,7,8 Walk back R,L,R, Touch L beside R

*At the end of wall 2 there is a 16 count tag so please add the following to the above 8 counts

9&10,11,12 Shuffle fwd L,R,L, Step fwd on R, Pivot 1/2 left transferring wt to L

13&14,15,16 Shuffle fwd R,L,R, Step fwd on L, Pivot 1/2 right transferring wt to R

This dance looks hard on paper but in actual fact, it is quite easy.





Compte: 64

Mur: 2