

# Protect Your Heart

**COPPER** KNOB  
BY STEPHENETS

**Compte:** 32

**Mur:** 4

**Niveau:** Beginner

**Chorégraphe:** Dee Musk (UK) - March 2008

**Musique:** Dangerous - Katharine McPhee



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## **CROSS SIDE BEHIND TOUCH, CROSS SIDE BEHIND TOUCH.**

- 1-4 Cross R over L, step L to L side, cross R behind L, point L toe to L side.  
5-8 Cross L over R, step R to R side, cross L behind R, point R toe to R side.

## **CROSS BACK SIDE FORWARD, LOCK STEP STEP LOCK.**

- 1-4 Cross R over L, step back on L, step R to R side, step forward on L.  
5-8 Cross lock R behind L, step forward on L, step forward on R, cross lock L behind R.

## **STEP, STEP, ¼ TURN R CROSS, STEP BACK STEP BACK CROSS STEP BACK.**

- 1-4 Step forward on R, step forward on L, make a ¼ turn R, cross L over R.  
5-8 Step back on R, step back on L, cross R over L, step back on L.

## **STEP SIDE STEP FORWARD SWEEP STEP, SWEEP STEP, STEP ½ TURN L.**

- 1-4 Step R to R side, step forward on L, sweep R from behind to in front of L (Anticlockwise), step on to R.  
5-8 Sweep L from behind to in front of R (Clockwise), step on to L, step forward on R, make a ½ turn L (weight on L).

**REPEAT AND HAVE FUN!!**

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