Jpa Opa

Compte: 0

Mur: 0

Niveau: Phrased Intermediate

Chorégraphe: Lynne Martino (USA) - February 2008 Musique: Opa Opa - Despina Vandi



Sequence of dance: AB Tag BB Tag BABB, After drums, when melody begins, count in 24 cts and start Part Α

PART A

(1-8) WEAVE, STEP, KICK

Cross L over R, step R to right side, step L behind R, step R to right side, cross L over R, 1-8 step R to right side, step on L, kick R on an angle left

(9-16) WEAVE, STEP, KICK

Cross R over L, step L to left side, step R behind L, step L to left side, cross R over L, step L 1-8 to left side, step on R, kick L on an angle right

(17-24) REPEAT COUNTS 1-8

(25-32) CROSS, STEP, CROSS, KICK, CROSS, STEP, CROSS, HOLD

- Cross R over L, step on L, cross R over L, kick L 1-4
- 5-8 Cross L over R, step on R, cross L over R, Hold

PART B

(1-8) MAMBOS, STEP FORWARD, ½ TURN, ½ TURN, SHUFFLE BACK

- 1&2 Rock forward on R, recover on L, step R next to L
- 3&4 Rock forward on L, recover on R, step L next to R
- Step forward on R,, make a 1/2 turn left stepping forward on L 5,6
- 7 & 8 Making another 1/2 turn left, shuffle back R,L,R

(9-16) ROCK BACK, RECOVER, STEP OUT OUT, STEP, ROCK FORWARD, RECOVER, COASTER STEP

- 1,2 Rock back on L, recover R
- & 3, 4 Step out to the left side with L and out to the right side with R, step on L
- 5.6 Rock forward on R, recover L
- 7 & 8 Step back on R, step L next to R, step forward on R

(17-24) STEP TOGETHER, SIDE SHUFFLE, CROSS ROCK, ¼ TURN SHUFFLE FORWARD

- 1, 2 Step L to left side, step R next to L
- 3 & 4 Step L to left side, step R next to L, step L to left side
- 5,6 Cross rock R over L, recover on L
- 7 & 8 Making a ¼ turn right, shuffle forward R,L,R

(25-32) POINT SIDE, CROSS, STEP, STEP, POINT SIDE, CROSS, STEP. STEP

- Point L to left side, cross L over R, step back on R, step L next to R 1-4
- 5-8 Point R to R side, cross R over L, step back on L, step R next to L

(33-40) TOE, HEEL, BALL CROSS, STEP , TOE, HEEL, BALL CROSS, STEP

- 1, 2 Point L toe in towards R instep, touch L heel in towards right instep
- & 3.4 Step on ball of L, cross R over L, step on L
- 5.6 Point R toe in towards left instep, touch R heel in towards left instep
- & 7,8 Step on ball of R, cross L over R, step on R

(41-48) ROCK BACK, RECOVER, $^{\prime\!4}$ TURN, SHUFFLE FORWARD , ROCK BACK, RECOVER, TRIPLE STEP

- 1, 2 Rock L behind R, recover R
- 3 & 4 Making a ¼ turn right, shuffle forward L,R,L
- 5, 6 Rock R behind L, recover L
- 7 & 8 Triple step R,L,R in place

(49-54) REPEAT COUNTS 33-40

- 1, 2 Rock L behind R, recover R
- 3 & 4 Making a ¼ turn right shuffle forward L,R,L
- 5, 6 Rock R behind L, recover L
- 7, 8 Step on R next to L, Hold, keeping weight on R

*TAG: *Tag comes at the END of the 1st and 3rd walls

(1-8) BALL STEP, ¼ TURN HIP BUMPS (FULL CIRCLE)

- & 1 ,2 Step forward on ball of L , step forward on R, recover weight on L while making a ¼ turn left bump out R hip
- 3, 4 Step forward on R, make a ¼ turn left while bumping R hip out and recover on L
- 5, 6 Step forward on R, make a ¼ turn left while bumping R hip out and recover on L
- 7, 8 Step forward on R, make a ¼ turn left while bumping R hip out and recover on L

**You will finish on the 12 o'clock wall dancing the first 32 cts. of Part B. Then, cross left foot over the right and pose!