A Country Dance (aka Nowhere Fast)

Niveau: Beginners Couples

Mur: 0 Compte: 32 Chorégraphe: Pauline Wells - April 2008 Musique: Nowhere Fast - Josh Turner

Faster: Small Town Southern Man by Alan Jackson, Next Time I'm Taking My Time by Neil McCoy, Things That Never Cross a Man's Mind by Kelly Pickering Note: Any slow to moderate tempo music will work.

Comment: Couples dance in a circle. Begin facing line of dance. Man and woman steps are the same. Can be done as a 4 wall Line by doing a pivot 1/4 turn in second set of eight counts (instead of 1/2 turn).

WALK, WALK, WALK, HOLD TURNING 1/4 TO RIGHT, SWAY, SWAY, SWAY TURNING 1/4 TO RIGHT

- 1 4 Walk L, R, L, hold turning 1/4 to right
- 5 8 Sway R, L, R, L turning 1/4 to right

SHUFFLE FORWARD R, L, PIVOT 1/2 TURN, SHUFFLE

- 1&2 Shuffle forward R
- 3&4 Shuffle forward L
- 5 6 Pivot 1/2 turn to left
- 7 & 8 Shuffle forward R

VINE TO L, VINE TO R

- 1 4 Vine to L (lady turns in rolling vine)
- 5 8 Vine to R (lady turns in rolling vine)

LOCK STEP FORWARD L, R

- Step forward on left, lock step right behind left, step forward on left, touch right next to left 1 - 4
- 5 8 Step forward on right, lock step left behind right, step forward on right, touch left next to right

REPEAT



