

Baila Baila

Compte: 32

Mur: 4

Niveau: Intermediate

Chorégraphe: Mikael Mölsä (FIN) - June 2008

Musique: Baila Baila - Chayanne : (CD: Volver A Nacer)



Starting point: At vocals, at about 0:14.

Mambo Forward, Mambo Back, Merengue Steps To Right

- 1&2 Step right forward, recover weight to left, step right next to left
- 3&4 Step left back, recover weight to right, step left next to right
- 5-6 Step right to side, step left next to right
- 7-8 Step right to side, step left next to right

Note: Bend your knees inwards a bit when stepping the merengue steps. You can also do the merengue steps at a double-speed stepping side-next-side-next-side-next-side-next (5&6&7&8&) should you find the normal steps too slow.

Side Mambo, Side Mambo With A Touch, Merengue Steps To Left

- 1&2 Step right to side, recover weight to left, step right next to left
- 3&4 Step left to side, recover weight to right, touch left next to right
- 5-6 Step left to side, step right next to left
- 7-8 Step left to side, touch right next to left

Note: Bend your knees inwards a bit when stepping the merengue steps. You can also do the merengue steps at a double-speed stepping side-next-side-next-side-next-side-touch (5&6&7&8&) should you find the normal steps too slow.

Cross, Back, Side, Cross, Back, Side, Cross Steps

- 1&2 Step right across left, step left back, step right to side
- 3&4 Step left across right, step right back, step left to side
- 5& Step right across left, step left to side
- 6& Step right across left, step left to side
- 7&8 Step right across left, step left to side, step right across left

Side Rock, Behind-Turn-Forward, Cross-Turn-Side, Behind-Turn-Side

- 1-2 Rock left to side, recover weight back to right
- 3&4 Step right behind left, turn ¼ to right and step right forward, step left forward (03:00)
- 5&6 Step right across left, turn ¼ to right and step left back, step right to right diagonal (06:00)
- 7&8 Step left behind right, turn ¼ to right and step right forward, step left to side (09:00)

Repeat