Bells Of Freedom



Compte: 64 Mur: 2 Niveau: Intermediate

Chorégraphe: Alison Carrington (UK) - July 2008

Musique: The Bells of Freedom - BWO



INTRO: Wait for 16 counts then do following:

1-2	Step on right as bend knees & turn 1/4 left as straighten knees & heel dig with left
3-4	Step on left as bend knees & heel dig with right as straighten knees (9:00 wall)
5-6	Step on right as bend knees & turn 1/4 left as straighten knees & heel dig with left
7-8	Step on left as bend knees & heel dig with right as straighten knees (6:00 wall)
9-10	Step on right as bend knees & turn 1/4 left as straighten knees & heel dig with left
11-12	Step on left as bend knees & heel dig with right as straighten knees (3:00 wall)
13-14	Step on right as bend knees & turn 1/4 left as straighten knees & heel dig with left
15-16	Step on left as bend knees & heel dig with right as straighten knees (12:00 wall)

THE MAIN DANCE

Walk, Walk, Shuffle, Walk, Walk, Shuffle

1-3&4	Walk forward right, left, step right forward, bring left to right, step right forward
5-7&8	Walk forward left, right, step left forward, bring right to left, step left forward

Kick, Behind, Rock & Cross, Kick, Ball, Cross, Step & Slide

1-3&4	Kick right to right, bring right behind left, rock onto left, rock onto right, cross left over right
5&6-8	Kick right forward, step on right, cross left over right, step right to right & slide left to right

Touch, Hold, Touch, Hold, Walk Back, Back, Unwind ½ Turn

1-2&3-4	Touch left to left, ho	ld, bring left to ric	tht & touch right	to right & hold

&5-8 Bring right to left, walk back left, right & bring left behind right & unwind ½ turn left

Side Rock, Behind, Side, Cross, Kick, Ball, Cross Twice

1-2-3&4	Rock right to right, rock onto left, bring right behind left, step left to left, cross right over left
5&6-7&8	Kick left forward, step on left, cross right, kick left forward, step on left, cross right

Step, Heel Dig, Step, Heel Dig, Step 1/2 Turn, Step 1/2 Turn

1-2	Step on left bending knees slightly, heel dig right as straighten legs
3-4	Step on right bending knees slightly, heel dig left as straighten legs
5-6	Step left forward & make ½ turn over right, stepping on right
7-8	Step left forward & make ½ turn over right, stepping on right

Step, Heel Dig, Step, Heel Dig, Step 1/4 Turn, Stomp, Stomp

1-2	Step on left bending knees slightly, heel dig right as straighten legs
3-4	Step on right bending knees slightly, heel dig left as straighten legs
5-6-7-8	Make a ¼ turn right stepping on left, right, stomp in place on left then right

Left, Lock, Left, Rock Forward, Back, ¾ Turn

1-2-3&4	Step left forward, lock right to left, step left forward, step right to left, step left forward
5-6-7&8	Rock right forward, rock left back, make ¾ to turn right on right, left, right

Side, Rock, Behind, Side, Cross, Step, Touch, Step, Touch

1-2-3&4	Rock left to left, rock on right, bring left behind right, step right to right, cross left over right
5-6-7-8	Step right to right, touch left to right, step left to left, touch right to left

REPEAT

TAG: Done AFTER count 64 (step, touch, step, touch) on walls 1, 3, 5 (facing back wall each time)

1-4 Hip bump right, left, right, left or make full hip circles as you wish

ENDING: At end of dance on last wall (front) do up to count 24 where you will unwind $\frac{1}{2}$ turn and slide a big step to right on right & pose to finish