Follow You Follow Me



Compte: 64 Mur: 2 Niveau: Intermediate

Chorégraphe: Helen P. Benjaminsen - July 2008

Musique: Follow You Follow Me - Genesis : (CD: And Then There Were Three)



Intro: 32 count intro

Sway R And L, Full Turn To R. Rock, Recover, Coaster Step

1, 2	Sway right and left
3 & 4	full turn to right (r, l, r)
5, 6	rock, recover (r, l)
7 & 8	coaster step (r, l, r)

Make 1/4 Turn To R W/Sweep, Mambo Step, Rock, Recover, Full Turn

1, 2	¼ turn to right on right with left swee
3 & 4	mambo step (l, r, l)
5, 6	rock, recover (r, I)
7 & 8	full turn (r, l, r)

Make 1/4 Turn To L W/Sweep, Mambo Step, Rock, Recover, Full Turn

1, 2	1/4 turn to left on left with right sweep
3 & 4	mambo step r, l, r)
5, 6	rock, recover (I, r)
7 & 8	full turn (I, r, I)

Step On R And L, Behind, 1/4 Turn, Step, High Kick, Back, 1/4 Sailor Turn

1, 2	Step on right and left
3 & 4	right behind, 1/4 turn with left, step on r
5, 6	high kick with left, back on right
7 & 8	¼ sailor turn (l, r, l)

Step On L And R, Behind, 1/4 Turn, Step, 2 X 1/4 Turns To R, Coaster Step

- 10p - 1	,, .,,,,,
1, 2	Step on left and right
3 & 4	left behind, ¼ turn with right, step on l
5, 6	2 x 1/4 turns to right (r, I)
7 & 8	coaster step (r, l, r)

Step L Forward, 1/4 Turn To R, Cross & Cross, Rock, Recover, Behind, Side, Cross

1, 2	Step I forward, step ¼ turn to r on r
3 & 4	cross & cross (I, r, I)
5, 6	step to r on r, recover on I
7 & 8	step r behind I, step I to I, cross r over I

Rock, Recover, Step 1/2 Turn & Cross, Syncopated Weave With Tap To R

1, 2	Step I to I, step on right
3 & 4	1/2 turn to r on I, step r to r, cross I over r
5, 6 &	Step r to r, step I behind r, step r to r,
7.8	cross Lover ritanir toe to r

Tap R Behind, 1/2 Turn, L Shuffle, Cross R Close Over L, Unwind, Step To L With Drag

1, 2	Tap r toe behind, turn ½ turn to r putting weight on r
------	--

3 & 4 shuffle forward (I, r, I)

- 5, 6 cross r close over I, unwind,
- 7, 8 step a long step to I on I, drag r beside I

RESTART: On Wall 2 After The First 32 Counts.

When entering the restart change the weight to left foot with a step on the off-beat

To enjoy this dance please use the dance floor to make the movements visible and flowing!