Compte:	64	<b>Mur:</b> 2	Niveau:	High Intermediate / Advanced Cha	
		UK) - February 2009 Idows - Jazmine Sull			
Count in -32 fro *8 count tag – e "Get those hips	nd of wall 2.	eat- start on the word	"CAR".		
(Weight starts le					
Figure of 8 Hip I	Rolls. Chasse -	Straight flick. Cross.	14. Back lock	step.	
1-2-3	In figure of 8 m	notion, roll hips right-le	eft-right (wei	ght ends right)	
4&5	Step left to left. Step right beside left. Step left to left as you flick right to right side.				
6-7	Cross right over left. Make ¼ right stepping back left.				
8&1	Step right back. Lock left over right. Step back right.				
		Recover. Step. Pres	s. Run back	x3.	
2-3		Recover on right.			
4&	Make ¼ right stepping left to left. Make ½ right stepping right in place.				
	Press left forward. Recover on right.				
&7	Step left beside right. Press right forward. (Make the presses strong & expressive)				
8&1	Make 3 small r	uns back left-right-lef	ft.		
• •	•	ide. Cross. Step. Cro			
2&3	Point right to right	ght side. Step right b	eside left. St	ep left to left as you dip & recove	er
4&5	Cross rock right over left. Recover on left. Step right to right.				
6&7	Cross step left	over right. Step right	to right. Cro	ess step left over right.	
8	Step right to rig	ght.			
Rock. Recover.	1/4 press. Recov	ver. ¼ .Press. Recov	er. ¼. press	. Recover. ¼ . Cross. Side. Step/	/ Flick.
1&2	Rock back on I	eft. Recover on right.	. Make ¼ lef	t as you press left forward.	
3&4	Recover on right. Make ¼ left stepping left beside right. Press right forward.				
5&6	Recover on left. Make ¼ left stepping right beside left. Press left forward.				
7&8	Recover on right. Make 1/4 left stepping left beside right. Cross step right over left.				
&1	Step left to left. Step right beside left as you flick (straight leg) Left to left side.				
(note- Make the	press section s	strong using full use o	of upper bod	у)	
Cross. ¼. Reve	rsed dipped trip	le ¾. ¼ raise. Forwa	rd. Run R-L-	R/Kick.	
2-3	Cross left over right. Make ¼ left as you step back right.				
4&5	Stepping L-R-L	epping L-R-L & ending with L over R – dip slightly as you make a $^{3\!$			
6-7	Step right back making ¼ left as you raise left forward. Step left forward.				
8&1	Run forward (small steps) R-L. Step right forward as you kick left forward (lean back- contra upper body)				
Forward. Touch	. Out. In. Side.	Rock back. Recover.	1/2. Togethe	r. Cross point.	
2-3	Step forward left. Touch right beside left.				
4&5	Point right to right	ght. Touch right besid	de left. Take	a big step to the right.	
6-7	Rock back on left. Recover on right.				
				to right. Point left across right.	

- 2-3 M aking a ¼ turn left slowing sweep left foot out.
- 4&5 Cross step left behind right. Step right to right. Step left forward.
- 6-7 Make ¼ right as you cross step right over left. Step left to left.
- 8&1 Cross rock right behind left. Recover on left. Step right to right side.

## Hold.ball step. Hold. Ball. Cross. Side. 1 ¼ turn right.

- 2&3 Hold. Step left beside right. Step right to side.
- 4&5-6 Hold. Step left beside right. Cross step right over left. Step left to left .

## (Make the ball steps smooth & sexy making full use of your hips & Shoulders)

7&8& Make a 1 ¼ right stepping R-L-R-L – finish facing your new wall with left stepped to left side ready to start the figure of 8 hips

## TAG: 8 count tag- end of wall 2 (Facing the front)

## Figure of 8 Hip Rolls. Chasse left. Figure of 8 Hip roll. Chasse right.

- 1-2-3 In figure of 8 motion, roll hips right-left-right (weight ends right)
- 4&5 Step left to left. Step right beside left. Step left to left.
- 6-7 figure of 8 motion, roll hips right-left (weight ends left)
- 8&1 step right to right. Step left beside right. Roll hips to right (Count 1 is the start of your new wall)