El Tongoneo



Compte: 48 Mur: 4 Niveau: Improver Chorégraphe: Deborah Ellis & Sebastiaan Holtland (NL) - May 2009

Musique: El Tongoneo - Mestizzo : (CD: Latin 96)



Intro 48 count after the vocals

Sec 1 (1-8) 1/2 1-2 3-4 5&6 7&8	Step Pivot L, 3/4 Channe Turn, Side Step, Cross Mambo R, Cross Mambo L Step Rf forward, turn 1/2 left take weight onto Lf (6:00) Close Rf next Lf, Rf+Lf turning 3/4 left and step Lf to the left weight onto Lf (9) Mambo Rf in front of Lf, recover on Lf, step Rf to the right weight onto Rf Mambo Lf in front of Rf, recover on Rf, step Lf to the left side weight onto Lf (9:00)
Sec 2 (9-16) Cross Unwind Kick Fwd, Coasterstep, Stomp Hold, Stomp Hold	
1-2	Cross Rf over Lf (1), unwind 3/4 L on both feet and kick forward on Lf (2) (12:00)
3&4	Stepping back on Lf (3), close Rf next to Lf (&), stepping forward on Lf weight onto Lf (4)
&5-6	Stomp forward on Rf (&5), HOLD (6)
&7-8	Stomp forward on Lf (&7), HOLD (8) (12:00)
RESTART: Fro	om here IN the 3rd wall you get a restart in the music AFTER the counts 13 t/m 16
Sec 3 (17-24) Back Hip Bumps R, Hook, Lockstep Fwd, Turn 1/4 L And Kick Fwd, Cross Back Side	
1-2	Bump R hip back (1), center bump R hip back take weight onto Rf (2) (12:00)
3&4	Stepping forward on Lf (3), lock Rf behind Lf (&), stepping forward on Rf weight onto Rf
& 5-6	Turn 1/4 left and kicking forward on Rf (&5), cross Rf over Lf weight onto Rf (6) (9)
7-8	Stepping back on Lf (7), stepping Rf to the right side (8) (9:00)
Sec 4 (25-32) Rock Fwd / Recover, 1/4 Turn Lockstep Fdw, Pivot 1/2 L, 1/4 Step With Rf Out In A Quick Motion, Hold	
1-2	Rock forward on Lf (1), recover on Rf (2) (9)
3&4	Turn 1/4 left and stepping forward on Lf (3), lock Rf behind Lf (&), st epping forward on Lf weight onto Lf (6)
5-6	Step Rf forward (5), turn 1/2 left take weight onto Lf (6)
& 7-8	Turn 1/4 left and step Rf out to the right and take weight onto both feet (&7), HOLD (8) (9:00)
Sec 5 (33-40) Syncopated Weave With 1/4 Turn R, Pivot 1/2 Left, Lockstep Fwd	
1&2	Cross Lf behind Rf (1), step Rf to the right side (&), cross Lf over Rf (2) (9)
&3&4	Step Rf to the right side (&), step Lf behind Rf (3), turn 1/4 right and stepping forward on Rf
	(&), stepping forward on Lf weight onto Lf (4) (12)
5-6	Step forward on Rf (1), pivot 1/2 left and take weight onto Lf (6)
7&8	Stepping forward on Rf (7), lock Lf behind Rf (&), stepping forward on Rf weight onto Rf (8) (6:00)
Sec 6 (&41-48) & Kick & Back, Mambo Back & Fwd, Cross Rock / Recover, 1/4 Sailor Cross L	
&1&2	Lift left knee up slightly (&), Kick left foot down and across front of right (1), Lift left knee up, left foot close to right knee (&), Step left foot crossed b ehind right (2) (6:00)
3&4	Mambo Rf back (3), recover on Lf (&), stepping forward Rf (4) (6)
5-6	Rock Lf forward (5), recover on Rf (6)
7&8	Cross Lf behind Rf (7), turn 1/4 right and step Rf out to the right side (&), cross Lf over Rf

Start Over And Enjoy!

take weight onto Lf (9:00)

