Ain't Too Proud To Cha



Compte: 64 Mur: 4 Niveau: Improver

Chorégraphe: Max Perry (USA) - May 2009

Musique: Ain't Too Proud to Beg - Rick Astley



Side, Syncopated 5th Position Break, Side With Hip Sways, Step Side & Turn, Touch Side, Syncopated Weave

1-2&	Step left to side, cross/rock right behind left (5th position), recover to left
3-4	Rock right to side (sway hips right), recover to left (sway hips left)
5-6	Step right to side, turn ½ right and touch left to side (6:00)
7&8	Cross left behind right, step right to side, cross left over right

Side Rock, Crossing Shuffle, Side Rock, Crossing Shuffle

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1-2	Rock right to side, recover to left
3&4	Cross right over left, step left to side, cross right over left
5-6	Rock left to side, recover to right
7&8	Cross left over right, step right to side, cross left over right

Side, Syncopated 5th Position Break, Side With Hip Sways, Step Side & Turn, Touch Side, Syncopated Weave

1-2&	Step right to side, cross/rock left behind right (5th position), recover to right
3-4	Rock left to side (sway hips left), recover to right (sway hips right)
5-6	Step left to side, turn ½ left and touch right to side (12:00)
7&8	Cross right behind left, step left to side, cross right over left

Side Rock, Crossing Shuffle, Side Rock, Crossing Shuffle

1-2	Rock left to side, recover to right
3&4	Cross left over right, step right to side, cross left over right
5-6	Rock right to side, recover to left
7&8	Cross right over left, step left to side, cross right over left

Side, Rock Back, Cha-Cha Forward, ½ Turn, Cha-Cha Forward

1-3	Step left to side, rock right back, recover to left
4&5	Step right forward, step left forward, step right forward
6-7	Step left forward, turn ½ right (weight to right)
8&1	Step left forward, step right forward, step left forward

Two ½ Turns Left, Syncopated Jazz Box Turning ¼ Right

2-3	Step right forward, turn ½ left (weight to left)
4-5	Step right forward, turn ½ left (weight to left) (6:00)
6-7	Cross right over left, turn ¼ right and step left back (9:00)
8&	Step right to side, step left together

Step Side, Cross Rock, Triple Step Side, Cross Rock, Triple Step Side

1-3	Step right to side (toe turned out), cross/rock right over left, recover to left
4&5	Step left to side, step right together, step left to side (toe turned out)
6-7	Cross/rock right over left, recover to left
8&1	Step right to side, step left together, step right to side (toe turned out)

Walk Around Turn, Triple Side, Back Rock, Forward Step

2-3 Cross left over right (and turn right), step right in place (continuing to turn right) (9:00)

You should have now completed a full turn using the "1" count from the section above and the counts "2-3" to

finish the turn

Step left to side, step right together, step left to side Rock right back, recover to left, step right forward

Repeat

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