Beautiful Sunday

Niveau: Phrased Beginner

Compte: 0 Chorégraphe: Martina Lau (HK) - June 2009 Musique: Beautiful Sunday - Daniel Boone

16 Count Intro

Sequence: AAB AA BB B'

Part A

Sec 1: Step, Kick, Back, Touch, Forward Shuffle, Step, Pivot 1/2

- 12 Step right forward. Kick left forward.
- 34 Step left back. Touch right toe back.
- 5&6 Step right forward. Close left beside right. Step right forward.
- 78 Step left forward. Pivot 1/2 turn right.

Sec 2: Step, Kick, Back, Touch, Forward Shuffle, Step, Pivot 1/2

- 12 Step left forward. Kick right forward.
- 34 Step right back. Touch left toe back.
- 5&6 Step left forward. Close right beside right. Step left forward.
- 78 Step right forward. Pivot 1/2 turn left.

Sec 3: Step, 1/4 Turn Scuff, Clap (x4)

- Step right forward. On ball of right make 1/4 turn right, scuff left forward and clap hands. 12
- 34 Step left forward. On ball of left make 1/4 turn right, scuff right forward and clap hands.
- 56 Step right forward. On ball of right make 1/4 turn right, scuff left forward and clap hands.
- 78 Step left forward. On ball of left make 1/4 turn right, scuff right forward and clap hands.

Sec 4: Jazz Box with Kick (x2)

- 12 Cross right over left. Step left back.
- 34 Step right to right side. Kick left forward.
- 56 Cross left over right. Step right back.
- Step left to left side. Kick right forward. 78

Part B

Sec 1: Toe Strut, Roll Shoulder (x3), Step, Pivot 1/4

- 12 Step forward on right toe. Drop right heel taking weight. (Roll right shoulder back at the same time)
- 34 Step forward on left toe. Drop left heel taking weight. (Roll left shoulder back at the same time)
- Step forward on right toe. Drop right heel taking weight. (Roll right shoulder back at the same 56 time)
- 78 Step left forward. Pivot 1/4 turn right.

Sec 2: Cross Point (x3), Back Rock

- 12 Cross left over right. Point right to right side.
- 34 Cross right over left. Point left to left side.
- 56 Cross left behind right. Point right to right side.
- 78 Rock back on right. Recover onto left.

Repeat Sections 1 & 2 three more times, making a total of 64 counts for Part B

Part B': Only 16 counts, Same as Part B except in Section 1 replace Step, Pivot 1/4 with Side Rock





Mur: 1

Sec 1: Toe Strut, Roll Shoulder (x3), Step, Side Rock

- 12 Step forward on right toe. Drop right heel taking weight. (Roll right shoulder back at the same time)
- 34 Step forward on left toe. Drop left heel taking weight. (Roll left shoulder back at the same time)
- 56 Step forward on right toe. Drop right heel taking weight. (Roll right shoulder back at the same time)
- 78 Rock left to side. Recover onto right.

Sec 2: Cross Point (x3), Back Rock

- 12 Cross left over right. Point right to right side.
- 34 Cross right over left. Point left to left side.
- 56 Cross left behind right. Point right to right side.
- 78 Rock back on right. Recover onto left.