Niveau: Beginner



Compte: 32 Mur: 4 Chorégraphe: Niels Poulsen (DK) - January 2010 Musique: Santimental Careth Cates

Musique: Sentimental - Gareth Gates

Intro: 32 counts from first beat in music (app. 18 seconds into track). Start with weight on L foot.

Note: After 16 counts DURING your 6th wall the music changes to a slightly slower speed over the next 32 counts into 7th wall... just keep on dancing!

Extra note:

This is a floor-split to Rachael McEnaney's Int/adv dance Sentimental. In this way our beginners can get on the floor to the same music... Thanks Rachael.

Country Alternative: Steam by Ty Herndon

(1-8) Walk fw R L, R mambo step, walk back L R, L coaster step

- 1–2 Walk fw R (1), walk fw L (2) [12:00]
- 3&4 Rock R fw (3), recover on L (&), step back on R (4) [12:00]
- 5–6 Walk back L (5), walk back R (6) [12:00]
- 7&8 Step back on L (7), step R next to L (&), step fw on L (8) [12:00]

(9-16) Side switch R and L, L sailor step, R jazz box, step fw L

- 1&2 Point R to R side (1), bring R next to L (&), point L to L side (2) [12:00]
- 3&4 Cross L behind R (3), step R to R side (&), step L a small step to L side (4) [12:00]
- 5–6 Cross R over L (5), step back on L (6) [12:00]
- 7–8 Step R to R side (7), step fw on L (8) [12:00]

(17-24) R rocking chair, R triple fw, Repeat but with Left foot

- 1&2& Rock fw on R (1), recover on L (&), rock back on R (2), recover on L (&) [12:00]
- 3&4 Step fw on R (3), bring L next to R (&), step fw on R (4) [12:00]
- 5&6& Rock fw on L (5), recover on R (&), rock back on L (6), recover on R (&) [12:00]
- 7&8 Step fw on L (7), bring R next to L (&), step fw on L (8) [12:00]

(25–32) Step fw R, $\frac{1}{2}$ L, step fw R, $\frac{1}{4}$ L, R mambo step fw, L coaster step

- 1–2 Step fw on R (1), turn ½ L stepping onto L (2) [6:00]
- 3–4 Step fw on R (3), turn ¼ L stepping onto L (4) [3:00]
- 5&6 Rock R fw (5), recover on L (&), step back on R (6) [3:00]
- 7&8 Step back on L (7), step R next to L (&), step fw on L (8) [3:00]

Begin again!

ENDING: Gareth Gates music - To end facing 12:00: music starts to fade during 10th wall (facing 3:00). Do the first 6 counts of the dance but replace the L coaster step with a Left sailor $\frac{1}{4}$ L: cross L behind R (7), turn $\frac{1}{4}$ R stepping onto L (&), step fw on L (8).

Ty Herndon music - To end facing 12:00: You'll complete the whole dance facing 6:00. Just make a step $\frac{1}{2}$ turn L. 12:00