

# Only Lonely

Compte: 32

Mur: 4

Niveau: Beginner



Chorégraphe: Kate Sala (UK) - February 2010

Musique: Only Lonely Without You - Billy Curtis

**Start on Vocals.**

## **Walk, Walk, Shuffle, Rocking Chair.**

- 1-2 Walk forward on Right, Left.
- 3&4 Step forward on Right. Step Left next to Right. Step forward on Right.
- 5-6 Rock forward on Left. Recover on to Right.
- 7-8 Rock back on Left. Recover on to Right.

## **Step, Pivot 1/4 Turn Right, Cross Step, Step Right. Behind, Side, Cross, Side Rock Right**

- 1-2 Step forward on Left. Pivot 1/4 turn Right.
- 3-4 Cross step Left over Right. Step Right to Right side.
- 5&6 Cross step Left behind Right. Step Right to Right side. Cross Left over Right
- 7-8 Rock out to Right side on Right. Recover on to Left.

## **Rock Forward, Shuffle 1/2 Turn Right, Rock Forward, Shuffle 1/2 Turn Left.**

- 1-2 Rock forward on Right. Recover on to Left.
- 3&4 Turn 1/4 Right stepping R to R side. Step Left next to Right. Turn 1/4 R stepping forward on R.
- 5-6 Rock forward on Left, Recover on to Right.
- 7&8 Turn 1/4 Left stepping L to L side. Step Right next to Left. Turn 1/4 L stepping forward on L.

## **Step Pivot 1/2 Turn Left, Kick Ball Change, Jazzbox.**

- 1-2 Step forward on Right. Pivot 1/2 turn Left.
- 3&4 Kick forward with Right. Step down on the ball of Right. Step down on Left.
- 5-6 Cross step Right over Left. Step back on Left.
- 7-8 Step Right to Right side. Step Left next to Right..

**Start Again!**

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