Stoked



Compte: 0 Mur: 3 Niveau: Phrased Intermediate Chorégraphe: Joey Warren (USA) - May 2010 Musique: Alright (feat. Machel Montano) - Pitbull PART A (32 counts) R-Rock-Recover, Behind Side Cross, L-Rock-Recover, Behind Side Cross 1 - 2Rock R out to R, Recover on to L (Sway R hip to R on Rock) 3-&-4 Step R behind L, Step L out to L, Cross R over L 5 - 6Rock L out to L, Recover on to R (Sway L hip to L on Rock) 7-&-8 Step L behind R, Step R out to R, Cross L over R 1/4 R Forward, L Lock Step, Step-Lock-Step, Rock 1/2 Turn L, Full Turn 1 - 21/4 Turn R stepping R forward, Lock L foot behind R 3-&-4 Step R forward, Lock L Behind R, Step R forward 5-&-6 Rock forward on L. Recover back on R. 1/2 Turn L stepping L forward 7 - 8½ Turn L stepping R back, ½ Turn L stepping L forward Forward Steps w/ Shoulder Sways, Cross-Rock-Recover ¼ Turn, ½ Turn R 1 - 2Step R out/forward (sway R shoulder R), Step L out/forward (sway L shoulder L) 3 - 4Step R out/forward (sway R shoulder R), Step L out/forward (sway L shoulder L) Cross rock R over L, Recover back on L, 1/4 Turn R stepping R forward 5-&-6 7 - 81/4 Turn R touching L toe out to L, 1/4 Turn R stepping L forward Scoot Step R-L, Double Step on R, Scoot Step L-R, Double Step on L 1 - 2Small scoot/hop on L toward R diagonal, Small scoot/hop on R towards L diagonal 3-&-4 Small scoot/hop on L towards R diagonal x2 5 - 6Small scoot/hop on R toward L diagonal, Small scoot/hop on L towards R diagonal 7-&-8 Small scoot/hop on R towards L diagonal x2 (make sure weight ends on L) PART B (32 counts) Jump out, Knee pop, Heel/Toe Swivel x2, Rock-Recover, Cross-Step ½ Turn 1-&-2 Jump out on R&L, Pop both knees up, Bring knees back down &3&4 On ball of L & heel of R swivel toes to L, bring back to center, On ball of R foot & heel of L swivel toes to R, bring back to center (weight ends on L) &-5-6 Step R foot to L, Rock out on L foot, Recover weight back to R &7&8 Cross L over R, ¼ L stepping back R, ¼ L stepping L side, Touch R toe to R side Full Turn, Rock-Recover-Cross, 1/4 Rock-Recover Half, Walk R, L 1 - 21/4 Turn R stepping R forward, 1/2 Turn R stepping L back 3-&-4 1/4 Turn R rocking out on R foot, Recover L, Cross R over L 5-&-6 1/4 Turn L rocking forward on L, Recover on R, 1/2 Turn L stepping L forward 7 - 8Walk forward R, Walk forward L Rock & Cross x2, Rock-Recover-1/2 Turn, Weave &-1-2 Quick rock out/forward with R, Recover on L, Cross R over L &-3-4 Quick rock out/forward with L, Recover on R, Cross L over R 5-&-6 Rock out to R, Recover to L, 1/2 Turn L stepping R to R side 7-&-8 Step L behind R, Step R out to R side, Cross L over R

R Mambo Forward, L Coaster, Brush-Hitch-Touch, Heel Flick-Knee Pop

Rock forward on R, Recover back on L, Step R next to L

Step L back, Step R back next to L, Step L forward

1-&-2

3-&-4

5-&-6 Brush R forward, Hitch R knee up, Touch R down slightly in front of L &7&8 Flick R heel out, Place R back on floor, Pop knees forward, Back to center *Weight should end on L foot

Notes:

Part A is only done to the 12 o'clock, 6 o'clock, and one time at end to 3 o'clock Part B is only done to the 12 o'clock and 3 o'clock walls

Sequence: A, A, B, 1st 16 of B, A, A, B, 1st 16 of B,