

Alright Girl

Compte: 32

Mur: 4

Niveau: Beginner



Chorégraphe: Frank Trace (USA) - June 2010

Musique: But It's Alright - Huey Lewis & The News : (CD: Huey Lewis & The News Greatest Hits)

Huey Lewis also has another song titled "It's Alright. The correct song is "But It's Alright".

Country Alternative: "Life On Ya" by Danny Gokey

STEP, TOUCH, SIDE SHUFFLE LEFT, ROCK BACK, RECOVER, DIAGONAL SHUFFLE FORWARD

- 1-2 Step R to right side, touch L next to R
- 3&4 Side shuffle left stepping L, R, L
- 5-6 Rock back on R, recover onto L
- 7&8 Shuffle forward diagonally right stepping R, L, R

ROCK FORWARD, RECOVER, SIDE SHUFFLE LEFT, CROSS ROCK, RECOVER, SIDE SHUFFLE RIGHT ¼ TURN

- 1-2 Rock forward on L, recover onto R
- 3&4 Side shuffle left stepping L, R, L
- 5-6 Cross rock R over L, recover onto L
- 7&8 Side shuffle right with ¼ turn right stepping R, L, R (3:00)

WALK, WALK, SHUFFLE FORWARD, PIVOT ½ LEFT, SHUFFLE FORWARD

- 1-2 Walk forward L, R
- 3&4 Shuffle forward stepping L, R, L
- 5-6 Step R forward, pivot ½ turn left (weight on left) (9:00)
- 7&8 Shuffle forward stepping R, L, R

ROCK FORWARD, RECOVER, SHUFFLE BACK, STEP BACK, TOUCH ACROSS, STEP LEFT, TOUCH

- 1-2 Rock forward on L, recover onto R
- 3&4 Shuffle back stepping L, R, L
- 5-6 Step back on R, touch L across and in front of R
- 7-8 Step L to left side, touch R next to L

REPEAT