It's For You



Compte: 32 Mur: 4 Niveau: Intermediate

Chorégraphe: Gordon Elliott (AUS) - June 2010

Musique: It's for You - Niamh Kavanagh: (CD: Eurovision Song Contest 2010)



Original Position: Feet Together, Weight On The Left Foot.

This dance is done in TWO / FOUR directions.

Introduction: 8 Beats

FORWARD, ROCK, COASTER STEP, SWEEP, SWEEP, QUICK PIVOT-1/4 SIDE-DRAG

1, 2 step r forward, rock back onto I,

3 & 4 coaster: step r back, step I together, step r forward,5, 6 sweep to step I forward, sweep to step r forward,

7 & quick pivot : step I forward, turn 180deg right take weight onto r, 8 & ## turn 90deg right step I to the side, drag to touch r toe together.

SIDE, ROCK, BEHIND-SIDE-ACROSS-1/4 HITCH, LOCK SHUFFLE, FORWARD-TOGETHER-BACK-TOGETHER

1, 2 step r to the side, side rock onto I,3 & step r behind left, step I to the side,

4 & step r across in front of left, hitch I knee turning 90deg right,

5 & 6 step I forward, lock r behind left, step I forward,

7 & step r forward, step I together,8 & step r back, step I together.

FORWARD, CLICK, BACK-FULLTURN, COASTER STEP, QUICK PADDLE-ACROSS

1, 2 step r forward, drag I toe together & click fingers,

3 step I back,

& 4 turn 180deg right step r forward, turn 180deg right step l back,

5 & 6 coaster: step r back, step I together, step r forward,

7 & quick paddle: step I forward, turn 90deg right take weight onto r,

8 step I across in front of right.

SIDE, 1/2 HINGE, ACROSS, ROCK & ACROSS-SIDE-BEHIND-1/4 TURN-QUICK PIVOT-STEP

1, 2 step r to the side, hinge turn 180deg left step I to the side,

3, 4 step r across in front of left, rock onto I,

& 5 step r to the side, step I across in front of right,

& 6 step r to the side, step I behind right,

& turn 90deg right step r forward,

7 & quick pivot : step I forward, turn 180deg right take weight onto r,

8 step I forward

32 Repeat The Dance In New Direction

RESTARTS: Will make the TWO wall dance into a FOUR wall dance.

On WALL 3 dance to BEAT 8 (##) then restart to the 9.00. This turns the dance to the side walls.

On WALL 6 dance to BEAT 8 (##) then restart to the BACK. This turns the dance to the back and front wall.

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