Kat DeLuna - Push Push



Compte: 112 Mur: 1 Niveau: Phrased Easy Intermediate

Chorégraphe: Kevin Winn (USA) - July 2010

Musique: Push Push (feat. Akon) - Kat DeLuna



Sequence: ABC - ABC - ABBC (This dance is a lot easier then it looks)

Start on Vocals:

Part A:

(1-8) R walk fwd, L walk fwd, R point fwd, R point back, In place RLR w/ ½ turn R, L kick ball touch,

1-4 Walk fwd R, Walk fwd L, Point or kick R fwd, Point or kick R back,

5&6 Triple in place RLR while turning ½ R,

7&8 Kick L fwd, Step L next to R, Touch R next to L, (6:00)

(9-16) Hop fwd at R angle, Hop fwd at L angle, Hop out, Sway Hips R L,

&1-2 Hop fwd at R angle stepping R, touch L next to R, Hold, &3-4 Hop fwd at L angle stepping L, touch R next to L, Hold,

&5-6 Hop out stepping R out to R side, Stepping L out to L side, Hold,

7-8 Sway Hips R, L, (6:00)

(17-24) Lindy R, Lindy L,

1-4 Shuffle to the R, back rock L, recover R,5-8 Shuffle to the L, back rock R, recover L, (6:00)

(25-32) Point, Fwd, Point, Fwd, Step, Pivot ½ L, Turn ½ L, Hold,

1-4 Point R to R side, Step R fwd, Point L to L side, Step L fwd,

5-8 Step fwd R, Pivot ½ L, Turn ½ L while sitting back on R, Hold, (6:00)

(33-40) Jazz Box, Point R & L, & R w/ 1/4 turn L,

&1-2 Step L next to R, Cross R over L, Step L to L side,

3-4 Step R to R side, Step L next to R,

Point R to R side, Step R next to L, Point L to L side,
Step L next to R while turning ¼ L, Point R to R side, (3:00)

(41-48) Sailor Step, Sailor 1/4 turn L, Paddle turn full turn L,

1&2 Step R behind L, Step L to L side, Step R to R side,

3&4 Sailor Step ¼ L,

5-8 Paddle turn a full turn L, (12:00)

Part B (Push Push)

(1-8) (With attitude) Hip bumps fwd at R angle, Hip bumps fwd at L angle, Out, Out, In, In,

Step fwd R at R angle while bumping hips hard R,L,R, Step fwd L at L angle while bumping hips hard L,R,L,

5-8 With a small skate motion step out on R, step out on L, Step in on R, Step in on L, (12:00)

(9-16) Monterey ½ R, R kick ball change, Point R, Touch R next to L,

1-4 Point R to R side, Step R next to L while turning ½ R, Point L to L side, Step L next to R,

5&6 Kick R, Step R next to L, Step L next to R,

7-8 Point R to R side, Touch R next to L (almost with a pop) (6:00)

(17-32) Repeat counts 1-16 (12:00)

Part C:

(1-8) Vine R with Dbl clap, Vine L with 1/4 turn L with Dbl clap,

1-4 Step Side R, Step L behind R, Step Side R, Hitch L with Dbl clap,

5-8 Step Side L, Step R behind L, Step Side L w/ 1/4 turn L, Hitch R with Dbl clap, (9:00)

(9-16) Repeat cnts 1-8 (6:00)

(17-24) Shuffle fwd R, Pivot ½ R, Hop fwd X 2,

1&2 Shuffle fwd R,L,R,

3-4 Step fwd L, Pivot ½ R, (12:00)

&5-6 Hop fwd L, R, Hold, &7-8 Hop fwd R, R, Hold,

(25-32) Step Side L, Together, Step Side L, Together (with attitude) Moving fast to the R, Heels, Toes, Heels, Toes, Heels, (twist with your hips)

Step L to L side, Step together with R, Step L to L side, Step together with R,
Swivel Heels to R, Swivel Toes to R, Swivel Heels to R, Swivel Toes to R,
Swivel Heels to R, Swivel Toes to R, Swivel Heels to Center, (12:00)

Start over facing front wall.

I taught this at my Eagles Dance and they picked it up without any trouble. So don't be scared! This dance is much easier then it looks on paper.