

Cool Jerk - 2010

Compte: 64

Mur: 4

Niveau: Easy Intermediate

Chorégraphe: Forty Arroyo (USA) - September 2010

Musique: Cool Jerk - The Capitols



Starts on vocals – “cool jerk, cool jerk.....”

Dance sequence: 64, 64, Tag, 64, 64, 64, Tag, 32 to end

Special thanks to Mellonee Pauley for her feedback and assistance.

(1-8) VINE RIGHT, TOUCH LEFT 4X

- 1 - 4 Step R to side, Cross L behind, Step R to side, Touch L to R
- 5 - 8 Touch L toes - Out, In, Out, In

(9-16) VINE LEFT, TOUCH RIGHT 4X

- 1 - 4 Step L to side, Cross R behind, Step L to side, Touch R to L
- 5 - 8 Touch R toes - Out, In, Out, In

(17-24) STEP BACK, TOUCH 'n CLAP (REPEAT 3X)

- 1-4 Step back R diagonal, Touch L next to R, Step back L diagonal, Touch R next to L
- 5-8 Step back R diagonal, Touch L next to R, Step back L diagonal, Touch R next to L

(25-32) CROSS, HOLD, CROSS, HOLD, STEP, HOLD, 1/4 TURN, HOLD

- 1-4 Cross R over L, Hold, Cross L over R, Hold
- 5-8 Step R forward, Hold, Turn 1/4 turn left, Hold (weight on left) – (end at 9 O'clock)

(33-40) TOE HEEL STRUTS, 1/4 TURN JAZZ BOX

- 1-4 Traveling forward - step R toe, Drop R heel, Step L toe, Drop L heel
- 5-8 Cross R over L, Step back slightly on L, Step R turning 1/4 right, Step L next to R (end at 12 O'clock))

(41-48) Do THE JERK or WHATEVER YOU FEEL – Just make it FUN!! (See below)

(49-56) REPEAT STEPS 33 - 40

- 1-8 TOE HEEL STRUTS, 1/4 TURN JAZZ BOX (end at 3 O'clock))

(57-64) REPEAT STEPS 41-48

- 1-8 Do THE JERK or WHATEVER YOU FEEL – Just make it FUN!!

TAG: Jazz Box, Out, Out, Hold for 2

- 1-4 Cross R over L, Step back slightly on L, Step R slightly to side, Step L next to R
- 5-6 Stomp R in place, Stomp L in place,
- 7-8 Raise arms above head and say "Woouoooo....." (like in the song) for 2 counts

You know the tag is coming when he sings – ...I'm the King of The Cooooooooool Jeeeeerrk"

THE JERK: sections: 41-48 and 57-64

- 1 With weight on L and R heel forward, arch back swinging L arm back and R arm across and over L shoulder
 - 2 Jerk shoulders and hips forward as you bring both arms forward
 - 3 Swing R arm back and L arm across & over R shoulder
 - 4 Jerk shoulders and hips forward as you bring both arms forward
- Swing left arm back and right arm forward and over your head Jerk shoulders and hips forward as you bring both arms forward
- 5-8 Repeat (1-4)

HAVE FUN!!

forty.arroyo@gmail .com – phone: 508-461-7247
