Compte: 32
Mur: 2
Niveau: Advanced WCS style
Chorégraphe: Rachael McEnaney (USA) \& Deborah Szekely (USA) - August 2010
Musique: Cyclone - Ernie Halter : (Album: Starting Over)

## Count In: 16 counts from start of track - dance begins on vocals

(1-8) Diagonal step forward with body roll/hip circle, weave $R$ with full turn $L, R$ lunge, $R$ jazz box with $1 / 4$ turn
1-2 Take big step forward on right diagonal (styling: body roll up or big hip circle counter clockwise) (1), close left next to right (2) 12.00
$3 \& 4 \quad$ Step right to right side (3), make 1/8 turn left stepping left behind right (\&), make $1 / 8$ turn left stepping back on right (4) 9.00
\& $5 \quad$ Make $1 / 2$ turn left stepping forward on left (\&), make $1 / 4$ turn left stepping right foot to right side (bend right knee into lunge position) 12.00
\& $6 \quad$ Push into right foot straightening right knee as you ripple body upwards (\&), transfer weight onto left (6) 12.00
$7 \& 8 \quad$ Cross right over left (7), make $1 / 4$ turn right stepping back on left (\&), step right next to left (8) 3.00
(9-16) Step $L$, lock $R$, full turn $R$, boogie walk $L R$, $L$ mambo with $L$ touch back, $1 / 2$ turn $L$, shimmy, body dips
\& 1 Step forward on left (\&), touch ball of right behind left (1) (it will help next turn if you lock $R$ foot as far to $L$ of $L$ foot as poss) 3.00
2 Unwind full turn to right transferring weight onto right foot (2) 3.00
$3 \& 4 \& \quad$ Step forward on left (3), step forward on right (\&), rock forward on left (4), recover weight onto right (\&) 3.00
styling
On the 2 walks forward on counts $3 \&$ soften knees and push each hip out to side as you take the step.
On the mambo with left foot you could add a body ripple forward on lyrics "body" on count 4
$5 \& 6 \& \quad$ Touch left toe back (5), make $1 / 2$ turn left transferring weight onto both feet (\&) shimmy both shoulders - keep head looking to front wall (6\&) 9.00
7-8 "Butt roll" - to create this action: bend both knees as if sitting down, lift 'tail bone' so push butt back, straighten knees butt returns to place - this is all done in 1 count so you will do it twice for counts 7 - 89.00
(17-24) Ball walk, walk, $R$ mambo, step back $L$, touch back, $1 / 4$ turn $R, 2$ and $1 / 2$ turns left (or $1 \frac{1}{2}$ turns)
\& 12 Step left next to right (\&), step forward on right (1), step forward on left (2) 9.00
$3 \& 4 \& \quad$ Rock forward on right (3), recover weight onto left (\&), step back on right (4), step back on left (\&) 9.00
5-6 Touch right toe back (5), make $1 / 4$ turn right taking all weight into right foot as you prep upper body all way to right (6) 12.00
\& 7 \& 8 \& Make $1 / 4$ turn left stepping forward on left ( $\&$ ), make $1 / 2$ turn left stepping back on right (closing) (7), make $1 / 2$ turn left stepping forward on left (\&), make $1 / 2$ turn left stepping back on right (closing) (8), make $1 / 2$ turn left stepping forward on left (\&)
The reason I have written 'closing' as you take the step with right foot is this makes the turn faster if you close the feet for what is known as a chaine turn. 9.00
Option:
Easy option for last 2 counts above:
$7 \& 8 \quad$ Make $1 / 4$ turn stepping forward on left (7), make $1 / 2$ turn stepping back on right (\&), make $1 / 2$ turn stepping forward on left (8)
(25-32) $R$ press lunge, $1 / 2$ turn $R, R$ side $L$ cross $R$ side rock cross, $L$ touch, $1 / 2$ turn $L, L$ ball cross, jazz box 1-2 Make $1 / 4$ turn left pushing ball of right foot into floor with right knee bent ( 1 ), make $1 / 2$ turn right on ball of left hitching right knee close to left calf (2) 12.00
$3 \& 4$ \& 5 Step right to right side (3), cross left over right (\&), rock right to right side (4), recover weight onto left (\&), cross right over left (5) 12.00
\& $6 \quad$ Touch left to left side (\&), push off ball of left toe making $1 / 2$ turn to left closing left towards right with no weight (6) 6.00
\& 7 \& $8 \quad$ Step ball of left foot in place (\&), cross right over left (7), step back on left (\&), step right to right side (8), step forward on left (\&) 6.00

## START AGAIN, HAVE FUN!

TAG: 3rd wall. Begin 3rd wall facing 12.00 - dance the first 16 counts which will take you up to the butt roll
$1 \& 2 \& \quad$ Square up to face front wall crossing right over left (1), step back on left (\&), step right to right side (2), step forward on left (\&) 12.00

## Start again from the beginning!

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