1-2-3 Count On Me



Compte: 48 Mur: 4 Niveau: Improver

Chorégraphe: Sebastiaan Holtland (NL) - February 2011

Musique: Count On Me - Bruno Mars : (CD: Doo-Wops & Hooligans 2010)



16 count intro (05 Sec)

Sec 1: 1-8 1/4 Turn L, Fwd,	1/2 turn L, Back,	, 1/4 Turn L, Side,	, Fwd Rock / Recover,	& Cross, Point, Sailor
Step with 1/4 R Press				

1-2& Turn 1/4 to left (9) step forward on Lf, turn 1/2 to left (3) step back on Rf, turn 1/4 to left (12)

step Lf to The left weight onto Lf

3-4 Rock forward on Rf, recover on Lf

&5-6 Step Rf slightly to right, cross Lf over Rf, point Rf out to the right holding weight onto Lf

7&8 Step Rf behind Lf, step Lf to the left, turn 1/4 to right (3) press forward on Rf holding weight

onto Rf

Sec 2: 9-16 Heel Twist, Recover, Lock Step Fwd, Rock / Recover, 1/2 Turn L, Fwd, 1/4 Turn L, Side Rock / Recover

Twist R heel to right, twist R heel back to centre, take weight back on Lf (3:00) (Recover)

Step forward on Rf, lock Lf behind Rf, step forward on Rf weight onto Rf (lock Step fwd)

5-6 Rock forward on Lf, recover on Rf

&7-8 Turn 1/2 to left (9) step forward on Lf, turn 1/4 to left (6) rock Rf to right, recover on Lf weight

onto Lf

Sec 3: 17-24 Back, Down Up, & Point R, Heel Switch, & Point R, Back, Down Up, & Point R, Replace, Hip Bumps L-R-L

1&2& Step slightly back on Rf, dip body down, coming up, point Rf out to the right, step Rf beside

Lf (6:00)

3&4& Switch L heel diagonal forward, step Lf beside Rf, point R out to the right, step slightly back

on Rf

5&6& Dip body down, coming up, point Rf out to the right, step Rf beside Lf

7&8 Step Lf slightly to left bump L hip to left, bump R hip to right, bump L hip to left weight onto Lf

(6:00)

Sec 4: 25-32 Sailor Step, Sailor Step 1/4 Turn R, 1/2 Pivot L, Full Turn Fwd L

1&2 Step Rf behind Lf, step Lf to left, step Rf to right weight onto Rf (R Sailor Step)

3&4 Step Lf behind Rf, turn 1/4 to right (9) step forward on Rf, step forward on Lf weight onto Lf

(1/4 sailor R)

5-6 Step forward on Rf, making a 1/2 turn to left (3) take weight onto Lf **Tag**

7-8 Turning 1/2 left (9) step R back, turning 1/2 left (3) step L forward weight onto Lf (Full Turn L)

Sec 5: 33-40 Walk, Walk, 1/4 Turn L, Point, 1/4 Turn L, Point, Kick, Back Rock / Recover, Kick Ball Tog

1-2 Stepping Forward on Rf, Stepping forward on Lf weight onto Lf (Walk, Walk) (3:00)

3-4 Turn 1/4 to left touch Rf to right (12), turn 1/4 to left touch Rf to right (9)

5&6& Kick forward on Rf, step Rf back in place on ball, rock back on Lf, recover on Rf weight onto

Rf

7&8 Kick forward on Lf, step Lf back in place on ball, tog Rf next to Lf holding weight onto Lf

(9:00)

Sec 6: 41-48 1/4 Turn L, Side Rock / Recover, Together, Hip Roll R, Hip Roll L with 1/4 Turn L, L Rumba Box Fwd, R Rumba Box Fwd

1-2& Turn 1/4 to left (6) rock Rf to the right, recover on Lf, step Rf beside Lf

3-4 Step Lf slightly to left roll L hip to left, turn 1/4 to left (3) roll R hip to right take weight onto Rf

Step Lf to left, step Rf beside Lf, stepping forward on Lf weight onto Lf (L Rumba Box Fwd)
 Step Rf to right, step Lf beside Rf, stepping forward on Rf weight onto Rf (R Rumba Box Fwd) (3:00)

Tag: WALL 5 After 30 counts (Facing 3 o'clock) Step Fwd, Tog

1-2 Step forward on Rf, tog Lf beside Rf holding weight onto Rf

Start Again, Enjoy!

smoothdancer79@hotmail.com