

Dr Flame

Compte: 64

Mur: 4

Niveau: Intermediate

Chorégraphe: Kate Sala (UK), Vivienne Scott (CAN), Robbie McGowan Hickie (UK) & Fred Buckley (CAN) - April 2011

Musique: New Flame - Dr. Victor & The Rasta Rebels : (CD: New Flame)



48 Count intro.

2 x Walks Back. Right Sailor Step. Hold. Ball-Step. Touch Across. Touch Out.

- 1 – 2 Walk back on Right. Walk back on Left.
- 3&4 Cross step Right behind Left. Step Left to Left side. Step Right to Right side.
- 5&6 Hold for 1 Count. Step ball of Left beside Right. Step Right to Right side.
- 7 – 8 Touch Left toe Diagonally forward Right. Touch Left toe out to Left side.

Cross. Unwind 1/2 Turn Right. Right Shuffle Back. Left Coaster Step. Hip Push Back. Rock Forward.

- 1 – 2 Cross Left over Right. Unwind 1/2 turn Right. (Weight on Left)
- 3&4 Right shuffle back stepping Right. Left. Right.
- 5&6 Step back on Left. Step Right beside Left. Step forward on Left.
- 7 – 8 Rock back on Right – Pushing Hips Back. Rock forward on Left. (Facing 6 o'clock)

Syncopated Heel Switches. 2 x Walks Forward. Syncopated Rock Steps.

- 1& Touch Right heel forward. Step Right beside Left.
- 2& Touch Left heel forward. Step Left beside Right.
- 3 – 4 Walk forward on Right. Walk forward on Left.
- 5 – 6 Rock forward on Right. Rock back on Left.
- &7 – 8 Step Right beside Left. Rock forward on Left. Rock back on Right.

Left Shuffle 1/2 Turn Left. Right Shuffle 1/2 Turn Left. Step Back. Point. & Left Side Rock.

- 1&2 Left shuffle making 1/2 turn Left stepping Left. Right. Left.
- 3&4 Right shuffle making 1/2 turn Left stepping Right. Left. Right.
- 5 – 6 Step back on Left. Point Right toe out to Right side.
- &7 – 8 Step ball of Right beside Left. Rock Left out to Left side. Recover on Right. (Facing 6 o'clock)

Left Cross Shuffle. & Cross Rock. Chasse 1/4 Turn Left. Step. Pivot 1/2 Turn Left.

- 1&2 Cross step Left over Right. Step Right to Right side. Cross step Left over Right.
- &3 – 4 Step ball of Right to Right side. Cross rock Left over Right. Rock back on Right.
- 5&6 Step Left to Left side. Close Right beside Left. Make 1/4 turn Left stepping forward on Left.
- 7 – 8 Step forward on Right. Pivot 1/2 turn Left. (Facing 9 o'clock)

Out – Out. Clap. Ball-Cross. Clap. Syncopated Hip Bumps.

- &1 – 2 Step Right out to Right side. Step Left out to Left side (Feet Shoulder Width Apart). Clap.
- &3 – 4 Step ball of Right beside Left. Cross step Left over Right. Clap.
- 5&6 Step Right to Right side bumping hips Right. Left. Right. (Weight on Right)
- 7&8 Bump hips Left. Right. Left. (Weight on Left)

Cross Behind. Left Scissor Step. Right Diagonal Kick-Ball-Step. 1/8 Turn Right. Point 1/4 Turn Right x 2.

- 1 Cross step Right behind Left.
- 2&3 Step Left to Left side. Close Right beside Left. Cross step Left over Right.
- 4&5 Kick Right Diagonally forward Right. Step Right beside Left. Step Left Diagonally forward Right.
- 6 Make 1/8 turn Right stepping forward on Right. (Facing 12 o'clock)
- 7 Make 1/4 turn Right pointing Left toe out to Left side.

8 Make 1/4 turn Right pointing Left toe out to Left side. (Facing 6 o'clock)

Cross. Side. Left Sailor 1/4 Turn Left. & Step Forward. Walk Forward. Left Mambo Forward.

1 – 2 Cross step Left over Right. Step Right to Right side.

3&4 Cross left behind Right making 1/4 turn Left. Step Right beside Left. Step forward on Left.

&5 – 6 Step ball of Right beside Left. Step forward on Left. Walk forward on Right.

7&8 Rock forward on Left. Rock back on Right. Step back on Left. (Facing 3 o'clock)

Start Again
