Mirame (Look at Me)

Niveau: Beginner

Chorégraphe: Ira Weisburd (USA) - April 2011

Musique: Me Miras y Te Miro - Grupo Mania : (Album: Mis Favoritas 2010, Track #6)

Introduction: Start Dance with R foot (facing L Wall). 4 Measures of 8. Start after approximately 17 seconds. Start on the vocal on the word Miras.

Mur: 1

FACE L WALL (9:00 Wall)

Compte: 64

PART I. (STEP R FORWARD (make ¼ turn R), VINE 3 TO L, STEP R TO R (make ¼ turn R), STEP L TO L, STEP BACK ON R, RECOVER FORWARD ON L) ; REPEAT

- 1-4 Step R forward (make ¼ turn R to face 12:00 wall), Step L to L, Step R behind L, Step L to L
- 5-8 Step R forward (make ¼ turn R to face 3:00 wall), Step L to L, Step back on R, Recover forward on L
- 9-12 Step R forward (make 1/4 turn R to face 6:00 wall), Step L to L, Step R behind L, Step L to L
- 13-16 Step R forward (make ¼ turn R to face 9:00 wall), Step L to L, Step back on R, Recover forward on L.

PART II. WALK FORWARD 3 STEPS (R,L,R), KICK L FORWARD; WALK BACK 2 STEPS (L,R), COASTER STEP w/ L.

- 1-4 Walk forward R,L,R, Kick L forward
- 5-6 Walk back L,R
- 7&8 Step back w/ L, Step close R beside L, Step forward on L
- 9-16 REPEAT PART II. (1-8).

PART III. SAMBA R, SAMBA L, STEP R FORWARD (making ¼ turn R), STEP L TO L, ROCK BACK, RECOVER

- 1&2 Step R across L, Step w/ ball of L foot to L, Step w/ weight onto R
- 3&4 Step L across R, Step w/ball of R foot to R, Step w/ weight onto L
- 5-6 Step R forward (making ¼ turn R), Step L to L
- 7-8 Step back on R, Recover forward on L.
- 9&10 Step R across L, Step w/ball of L foot to L, Step w/weight onto R
- 11&12 Step L across R, Step w/ball of R foot to R, Step w/weight onto L
- 13-14 Step R forward (making ¼ turn R), Step L to L
- 15-16 Step back on R, Recover forward on L.

PART IV. SAMBA R, SAMBA L, STEP R FORWARD (making ¼ turn R), STEP L TO L, ROCK BACK, RECOVER

- 1&2 Step R across L, Step w/ ball of L foot to L, Step w/ weight onto R
- 3&4 Step L across R, Step w/ball of R foot to R, Step w/ weight onto L
- 5-7 Step R forward (making ¼ turn R), Step L to L
- 7-9 Step back on R, Recover forward on L.
- 9&10 Step R across L, Step w/ball of L foot to L, Step w/weight onto R
- 11&12 Step L across R, Step w/ball of R foot to R, Step w/weight onto L
- 13-14 Step R forward (making ¼ turn R), Step L to L
- 15-16 Step back on R, Recover forward on L.

BEGIN DANCE.

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