Hypnoti-Notico



Compte: 48 Mur: 4 Niveau: Intermediate

Chorégraphe: Sebastiaan Holtland (NL) & Brandon Cheung (AUS) - May 2011

Musique: Hypnotico - Jennifer Lopez : (CD: Love, Deluxe Edition 2011)



16 count intro (08 Sec)

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Sec 1: [1-8] Small Step Fwd, Pushing L Diagonal Back With Knee Pop, Together, Pushing R Diagonal Back With Knee Pop, Kick Ball Touch, Diagonal Hip Bumps Fwd			
1-2	Step slightly forward on Rf, pushing your Lf diagonally back keeping your weight forward on Rf and popping R knee forward (Like moon walking in place)		
3-4	Step Lf next to Rf, pushing your Rf diagonally back keeping your weight forward on Lf and popping L knee forward (Like moon walking in place)		
5&6	Kick forward Rf, step Rf back in place on ball, touch forward on Lf holding weight onto Rf		
&7&8	Bump hips forward, bump hips back, bump hips forward, bump hips back weight onto Rf (12:00)		
Sec 2: [9-16] Together, 1/4 Turn R, Cross, Point, Cross, Diagonal Kick Fwd, Cross, Back, Side, Cross			
&1-2	Step Lf next to Rf, turn 1/4 right (3) cross Rf over Lf, point Lf out to left holding weight onto Rf		
3-4	Cross Lf over Rf, kick diagonal forward on Rf holding weight onto Lf		
5-6	Cross Rf over Lf, step back on Lf weight onto Lf		
7-8	Step Rf to the right, cross Lf over Rf weight onto Lf (3:00)		
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Sec 3: [17-24] Toe Push Fwd, Shoulder Movement R-L-R-L, Sailor Step, 1/4 Sailor R

Push your R toe diagonally forward pushing your R shoulder up, push your L shoulder up, pushing your R shoulder up, pushing your L shoulder up (Shoulder Movement R-L-R-L) (3:00)

Restart Here WALL 6 after 20 count after restart again (Facing 9 o'clock) Step Rf behind Lf, step Lf to the left, step Rf to the right

7&8 Step Lf behind Rf, turn 1/4 to right (6) step forward on Rf, step forward on Lf (1/4 Sailor R)

Restart

Restart Here WALL 4 after 24 count after restart again (Facing 3 o'clock)

Sec 4: [25-32] Touch Fwd, Back, Touch Back, Unwind 1/2 L, Out, Out, Back, 1/4 Turn L, Side			
	1-2	Touch forward on Rf, step back on Rf weight onto Rf (6:00)	
	3-4	Touch back on Lf, unwind 1/2 left (12) take weight onto Lf	
	5-8	Step Rf out to right, step Lf out to left, step back on Rf, turn 1/4 left (9) step Lf to the left weight onto Lf	
	Sec 5: [33-40] Cross, Lift, Cross, 1/4 Turn L, Back, 1/4 Turn L, Out, Out, Knee Pops L-R		

1-2	Cross Rf over Lf, lift L knee up holding weight onto Rf (9:00)
3-4	Cross Lf over Rf, turn 1/4 left (6) step back on Rf weight onto Rf
5-6	Turn 1/4 left (3) step Lf out to left, step Rf out to right weight onto both feet
7-8	Popping L knee forward, popping R knee forward weight onto Lf (Knee pops L-R) (3:00)

Sec 6: [41-48] 1/4 Turn R, Fwd, 1/2 Turn R, Back, Back, Tog, Fwd, 1/2 Turn L, Back, 1/4 Turn L, Side, Tog 1-2 Turn 1/4 right (6) step forward on Rf, turn 1/2 right (12) step back on Lf weight onto Lf

3-4 Step back on Rf, tog Lf next to Rf weight onto Rf
5-6 Step forward on Lf, turn 1/2 left (6) step back on Rf weight onto Rf

7-8 Turn 1/4 left (3) step Lf to the left, tog Rf next to Lf weight onto Lf (3:00)

Start Again, Enjoy!

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