

# One Heart

**Compte:** 32

**Mur:** 4

**Niveau:** Improver



**Chorégraphe:** Chris Watson (AUS) - June 2011

**Musique:** One Heart - Céline Dion : (Album: One Heart)

## Start on Lyrics

### Walk, shuffle forward, rock fwd, recover, $\frac{3}{4}$ triple L

1,2,3&4 Walk Forward R-L, Right Shuffle Forward R-L-R

5,6,7&8 Rock Forward L, Back onto R,  $\frac{3}{4}$  Triple Step Turn via L shoulder, Step L-R-L

### Side Rock, Behind Side Cross, Side Rock, behind side $\frac{1}{4}$ forward

1,2,3&4 Rock R to R side and back onto L, Step R behind L, L to L side and R across in front of L

5,6,7&8 Rock L to L side and back onto R, Step L behind R, R to R side and L across in front of R doing a  $\frac{1}{4}$  turn to the right (Now facing back wall)

### Step $\frac{1}{2}$ L pivot Fwd & step $\frac{1}{4}$ R pivot, rock recover, coaster

1,2&3,4 Step R foot forward pivot a  $\frac{1}{2}$  L, Stepping R foot together with L and step L foot forward (&) do a  $\frac{1}{4}$  turn via your right shoulder take weight onto R (facing 3 O Clock)

5,6,7&8 Rock L foot forward, Right foot back, do a L coaster step

### Rock fwd, recover R, step back, R heel forward & step back L step R, Step L, hips fwd back, fwd, back fwd

1,2&3&4 Rock forward onto R, Back onto L, Step R foot back and L heel forward, Step L foot back and R foot forward with weight onto R

5,6,7&8 Step L foot forward onto a 45 degree angle pushing hips forward L, Back R then Hips L,R,L

## [32] Restart in new direction (4 Walls)

**Restarts:** On walls 3 and 7

**After beat 24 (coaster step) Restart dance!**

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