

My Life Story

COPPER KNOB
STEPSHEETS



Compte: 48

Mur: 1

Niveau: Phrased Beginner

Chorégraphe: CH Lim-Naidu - July 2011

Musique: The Story of My Life - Michael Holiday

Start after 16 counts - Sequence: 48, 48, 32, 48, tag(8), 32, 48, 16, end(7)

SIDE, HOLD, TOGETHER, HOLD, SIDE, HEEL, TOGETHER, HEEL

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|-------|---|
| 1 – 2 | R step R, hold |
| 3 – 4 | Step L together R, hold |
| 5 – 6 | R step R, touch L heel diagonally L (angle body L) |
| 7 – 8 | Step L together R, touch R heel diagonally R (angle body R) |

DIAGONAL CHARLESTON, JAZZ BOX 1/8 R TURN

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|-------|--|
| 1 – 2 | R touch forward, hold (facing 1.00) |
| 3 – 4 | R touch back, hold (facing 1.00) |
| 5 – 6 | Step R over L, recover on L |
| 7 – 8 | 1/8 R turn R step R, step L together R |

CHARLESTON, FORWARD, ½ R TURN, TOGETHER, HOLD

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|-------|--------------------------|
| 1 – 2 | L touch front, hold |
| 3 – 4 | L touch back, hold |
| 5 – 6 | Step L forward, turn ½ R |
| 7 – 8 | Step L together R, hold |

LOCK STEP DIAGONALLY R-SCUFF, LOCK STEP DIAGONALLY L-SCUFF

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|-------|---|
| 1 – 4 | R step diagonally R, L step behind R, R step fwd, scuff |
| 5 – 8 | L step diagonally L, R step behind L, L step fwd, scuff |

Restart here

CROSS TOUCH, HOLD, SIDE, HOLD, SWIVEL HEELS L-R-L-C

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|-------|------------------------|
| 1 – 2 | R touch across L, hold |
| 3 – 4 | R step next to L, hold |
| 5 – 8 | Swivel heels L-R-L-C |

FWD, ½ L TURN, LOCK STEP, POINT, FWD, TOUCH

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|-------|--|
| 1 – 2 | Step R forward, recover on L turning ½ L |
| 3 – 4 | Step R forward, step L behind R |
| 5 – 6 | Step R forward, L point L |
| 7 – 8 | Step L forward, R touch by L |

Tag: 1 – 8 Paddle L (full turn)

END: Section 3:

- | | |
|-------|--|
| 5 – 6 | Step L forward, ¼ R turn recover R |
| 7 | Step L together R & pose (with a bigger smile!!) |

Cheers & God bless