# The Baltimore



Compte: 32 Mur: 4 Niveau: Beginner Soul (aerobics)

Chorégraphe: Unknown - July 2011

Musique: I Want - Chaka Khan



#### 48 count intro start on vocals

# TOUCH OUT, IN, OUT, TOG, TOUCH OUT, IN, OUT, TOG, TOUCH OUT, TOG, TOUCH OUT, TOG, HEEL, TOG. HEEL, TOG

1&2& Touch right toe to right, touch right toe next to left instep, touch right toe to right, right to toe

right, step right foot next to left

3&4& Touch left toe to left, touch left toe next to right instep, touch left toe to left, step left next to

right

Touch right toe to right, step right next to left toe to left, step left next to right

7&8& Touch right heel forward, step right next to left, touch left heel forward, step left next to right

### RIGHT HITCH, STEP, LEFT HITCH, STEP, SQUAT DOWN, UP, HIP & HIP, HIP & HIP

1&2& Raise right knee, Step right next to left
 3&4 Squat down, straighten up (body roll up)
 5&6 Bump right hip forward, replace weight to left, bump right hip forward
 7&8 Bump left hip forward, replace weight to right, bump left hip forward

## KICK, &, STEP, SWIVEL 1/4 RIGHT, SWIVEL 1/4 LEFT, KICK, &, STEP, SWIVEL 1/4 RIGHT, SWIVEL 1/4

LEFT

1&2 Kick R forward, place R beside L, Step forward L,

3-4 (Feet stay in position, on balls of feet) Swivel heels left turning ¼ right, swivel heels right

turning ¼ left

5&6 Kick R forward, place R beside L, Step forward L,

7-8 (Feet stay in position, on balls of feet) Swivel heels left turning 1/4 right, swivel heels right

turning 1/4 left

## KICK, &, STEP, SWIVEL 1/4 RIGHT, SWIVEL 1/4 LEFT, KICK, &, STEP, PIVOT 1/4, TOGETHER

1&2 Kick R forward, place R beside L, Step forward L,

3-4 (Feet stay in position, on balls of feet) Swivel heels left turning \( \frac{1}{2} \) right, swivel heels right

turning 1/4 left

5&6 Kick R forward, place R beside L, Step left forward

7-8 pivot ¼ right (weight to right), step left next to right (weight to left)

#### **REPEAT**