Footprints (I Promise You ...)



Compte: 32 Mur: 4 Niveau: Intermediate NC

Chorégraphe: Jutta Leyh (DE) - July 2011

Musique: Footprints In the Sand - Leona Lewis



Note: Start dancing when piano starts playing

[1-8] NC BASIC RIGHT, STEP L TO LEFT, 1/8 TURN RIGHT DIAGONAL RUN BACK, ½ TURN RIGHT STEP, STEP ½ TURN RIGHT STEP, RUN FORWARD

1-2& Step R to side, cross L behind R, cross R over L

3 Step L to side

4&5 Turn 1/8 right and run diagonal back R and L, make ½ turn right and step R forward

6&7 Step L forward, make ½ turn right on L step R forward, step L forward

8& Run forward R and L (1:30)

[9-16] SWEEP R 1/8 TURN LEFT, STEP CROSS, 1½ TRAVELLING PIVOT, CROSS ROCK AND RECOVER L AND R

1-2	Sweep R turn 1/8 left (facing 12:00),
&3	Step R across L, turn 1/4 right step L back

&4& Turn ½ right and step R forward, turn ½ right step L back, turn ¼ right step R to side (6:00)

5-6& Step L across R, recover on R, step L to side7-8& Step R across L, recover on L, step R to side

[17-24] STEP L, LOCKSHUFFLE R, SWEEP L 1 4 TURN RIGHT, 3 4 CROSS UNWIND RIGHT ON L, PUSH R TO SIDE, GO DOWN AND UP, BRING R NEXT TO L

1 Step L forward

2&3 Step R forward, lock L behind R, step R forward

4& Sweep L around with ¼ turn right, cross L over R and make ¾ turn right on L, (6:00)

5-6 Push R slowly to side, slightly bend left knee and go down 7-8 Straighten left knee and pull R slowly back next to L

[25-32] 1/4 CIRCLE WALK RIGHT, STEP R TO RIGHT CROSS L BEHIND R, 2 FULL TURNS RIGHT

1-4 Walk ¾ circle right R, L, R, step L next to R (3:00)

5-6 Step R to side, cross L behind R

7& ¼ turn right stepping R forward, ¾ turn right stepping L next to R
8& ¼ turn right stepping R forward, ¾ turn right stepping L next to R

TAG 1: in wall 4 after 16 counts dance the following steps, then restart the dance:

[1-4] STEP L, LOCKSHUFFLE WITH R, STEP L

1 Step L forward

2&3 Step R forward, lock L behind R, step R forward

4 Step L next to R

TAG 2: in wall 6 after 16 counts make the following arm movements while standing in place

1-3 Bring up right arm in front of your chest and out to right side (over 3 counts),

4-6 While changing weight to L bring up left arm in front of your body and over your head and down to left side like a circle (over 3 counts)

NOTE:

For a nice ending finish the dance after 12 counts (facing 12:00 in wall 7) and pull R next to L ...for Robert.

