Start Over



Compte: 32 Mur: 2 Niveau: Intermediate / High Intermediate

Chorégraphe: Dee Musk (UK) - September 2011

Musique: Start Over - Beyoncé : (Album: 4 - 3:19)



16 Count Intro - approx 13 seconds.

Cross Back Side, Cross Back Side, Walk Walk, 1/2 Turn L, 1/4 Turn L, Point.

1,2& Travelling slightly backwards cross R over L, step back on L, step R to R side.
3,4& Travelling slightly backwards cross L over R, step back on R, step L to L side.

5,6 Walk forward R, walk forward L.

7&8 Make a ½ turn L stepping back on R, make a ¼ turn L stepping L to L side, Point R toe to R

side. (3 o'clock)

Ronde ¼ Turn, Cross Side Behind Ronde, Anchor Step, Ronde Behind Side Cross, Side Together.

1 Placing weight on R make a ¼ turn R and ronde L to in front of R.

2&3 Cross L over R, step R to R side, cross L behind R and ronde R to behind L.

4&5 Rock back on R, recover weight forward on L, rock back on R.

6&7 Ronde L from in front to behind R crossing L behind R, step R to R side, cross L over R.

8& Step R to R side, step L beside R.

Cross ¼ Turn R Step Back L, Step Back R, Coaster Cross, Side Rock Cross, Hinge ½ Turn R, Cross Rock Side.

1.2&	Cross R over L	make a 1/4 turn	R stenning	hack on I	. step back on R.
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3&4 Step back on L, step R beside L, cross L over R.

5&6 Rock R to R side, recover weight to L, cross R over L.

&7 Make a ¼ turn R stepping back on L, make a ¼ turn R stepping R to R side.

&8& Cross rock L over R, recover weight to R, step L to L side. (3 o'clock)

Cross, ½ Turn L With Cross Side Touch Behind, Unwind ½ Turn L, Run Back R,L,R Touch Back, ½ Turn L, Step Back ¼ Turn L.

1 Cross R over L.

2&3 Make a ½ turn L cross stepping L over R, step R to R side, touch L toe behind R.

4 Unwind a ½ turn L (weight on L). 5&6 Run back R, run back L, run back R.

&7 Touch L toe back, make a ½ turn L (weight forward on L).

8& Step back on R, make a ¼ turn L stepping L to L side. (6 o'clock)

xx Relax and enjoy xx

^{*} Restart 1 from here during wall 2, begin again facing 12 o'clock wall. (6 o'clock)

^{**} Restart 2 from here during wall 5, begin again facing 6 o'clock wall.

^{*} Restart 1 – during wall 2, dance up to and including count 16& then begin again facing 12 o'clock.

^{**} Restart 2 – during wall 5, dance up to and including count 16& then begin again facing 6 o'clock.