Knock 3 Times



Compte: 116 Mur: 2 Niveau: Intermediate

Chorégraphe: Colleen Archer (AUS) - October 2011

Musique: Knock Three Times - Dawn : (Album: Knock Three Times - 3:01)



Intro: 16 counts SP. Weight on L - "For... Brad & Madie"

Info: PART A - 56 count PART B - 60 counts (30 repeated to opposite side) - One Restart

PART A

½ PIVOT, ½ PIVOT, ROCK FWD, BACK, SHUFFLE BACK

1, 2	Step R forward, Turn ½ left taking weight L
3, 4	Step R forward, Turn 1/2 left taking weight L

5, 6 Step R forward, Recover L7 & 8 Shuffle back stepping R L R (12)

TOE BACK, TURN 1/4, BEHIND, SIDE, ACROSS, SIDE, TOUCH, SIDE SHUFFLE

1, 2	Touch L toe back, Turn 1/4 left keeping weight on R
3 & 4	Step L behind R, Step R to side, Step L across R

5, 6 Step R to side, Touch L beside R

7 & 8 Step L to side, Step R beside L, Step L to side (9)

R SAILOR, L SAILOR, BACK, HOOK, FWD, SCUFF

1 & 2	Step R behind L, Step L to side, Recover R
3 & 4	Step L behind R, Step R to side, Recover L
5, 6	Step R back, Hook L across R knee
7, 8	Step L forward, Scuff R forward (9)

TURN 1/4 &SIDE, TOUCH, SIDE, TOUCH, REPEAT

1, 2	Turn ¼ left & step R to side, Touch L beside R and clap
3, 4	Step L to side, Touch R beside L and clap

5, 6 Turn ¼ left & step R to side, Touch L beside R and clap

7, 8 Step L to side, Touch R beside L and clap (3)

ROCK SIDE, REC, X SHUFFLE, ROCK SIDE & TURN 1/4 & REC, COASTER

1, 2	Step R to side, Recover L
3 & 4	Step R across L, Step L to side, Step R across L
5, 6	Step L to side, Turn ¼ left taking weight R
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7 & 8 Step L back, Step R beside L, Step L forward (12)

ROCK FWD, REC, SHUFFLE BACK, ROCK BACK, REC, ½ TURNING SHUFFLE

1, 2	Step R forward, Recover L
3 & 4	Shuffle back stepping R L R
5, 6	Step L back, Recover R

7 & 8 Turn ¼ right & step L to side, Step R beside L, Turn ¼ right & step L back (6)

ROCK BACK, REC, KICK BALL STEP, SWAY R, L, R, L

1, 2	Step R back, Recover L
0 0 4	KIDE LOEDLIGELE

3 & 4
5 - 8
Kick R forward, Step R back, Step L slightly forward
5 - 8
Step R to side & sway hips R L R L (weight ends on L) (6)

PART B - CHORUS

STOMP & CLAP, 2 HEEL TAPS WITH CLAPS, HOLD, ROCK BACK, REC

1, 2, 3	Stomp R forward & clap, Raise & lower R heel twice & clap on each heel beat	
4	Hold (weight on L)	
5, 6	Step R back, Recover L (6)	
½ PIVOT, X SA	AMBA, X SAMBA, ROCK FWD, REC	
1, 2	Step R forward, Turn ½ left taking weight L	
3 & 4	Step R across L, Step L to side, Recover R	
5 & 6	Step L across R, Step R to side, Recover L	
7, 8	Step R forward, Recover L (12)	
BACK, HOLD,	TOG, ROCK BACK, REC, ROCK SIDE, REC, SAILOR	
1, 2	Step R back, Hold	
& 3, 4	Step L beside R, Step R back, Recover L	
5, 6	Step R to side, Recover L	
7 & 8	Step R to behind L, Step L to side, Recover R (12)	
	REC,TURNING ½ TRIPLE ON SPOT, ROCK FWD, REC, COASTER	
1, 2	Step L forward, Recover R	
3 & 4	Turn ½ left stepping L R L on spot	
5, 6	Step R forward, Recover L	
7 & 8	Step R back, Step L beside R, Step R forward (6)	
STOMP & CLA	AP, 2 HEEL TAPS WITH CLAPS, HOLD, ROCK BACK, REC	
1, 2, 3	Stomp L forward & clap, Raise & lower L heel twice & clap on each heel beat	
4	Hold (weight on R)	
5, 6	Step L back, Recover R (6)	
½ PIVOT, X SA	AMBA, X SAMBA, ROCK FWD, REC	
1, 2	Step L forward, Turn ½ right taking weight R	
3 & 4	Step L across R, Step R to side, Recover L	
5 & 6	Step R across L, Step L to side, Recover R	
7, 8	Step L forward, Recover R (12)	
BACK, HOLD,	TOG, ROCK BACK, REC, ROCK SIDE, REC, SAILOR	
1, 2	Step L back, Hold	
& 3, 4	Step R beside L, Step L back, Recover R	
5, 6	Step L to side, Recover R	
7 & 8	Step L behind R, Step R to side, Recover L (12)	
•	ROCK FWD, REC, TURNING ½ TRIPLE ON SPOT, ROCK FWD, REC, COASTER	
1, 2	Step R forward, Recover L (add finish)	
3 & 4	(56) Turn ½ right stepping R L R on spot (restart, add step)	
5, 6	Step L forward, Recover R	
7 & 8	Step L back, Step R beside L, Step L forward (6)	
Begin again		

Begin again.....

SEQUENCES: A B A B (short wall) A B

SHORT WALL: Second B, dance to count 56 add a quick step L beside R & start again facing 12 o'clock.

FINISH: Dance to count 54in Part B, then add....

3 & 4 Full turn right stepping R L R on spot

5 - 8Stomp L forward, Stomp R beside L and clap three times.

NOTE: I have opted to use Parts A and B simply because of the distinctive counts in the chorus.

116 counts may seem too long, but somehow it isn't ...just enjoy the song and sing along.

Contact: www.ripper.com.au/~luckystrikedance - email: luckystrikedance@ripper.com.au

Dance may be copied and distributed provided original steps remain unchanged.