One Love



Compte: 32 Mur: 4 Niveau: Beginner

Chorégraphe: Yonne Emalda - October 2011

Musique: One Love - Blue



Intro: 16 counts

Walk Forward X2, Side Mambo, Walk Back X2, Side Mambo		
1-2	Walk forward on L foot, walk forward on R foot	
3&4	Rock L foot to L side, recover weight on R foot, step L foot beside R foot	

5-6 Walk back on R foot, walk back on L foot

7&8 Rock R foot to R side, recover weight on L foot, step R foot beside L foot

Monterey ½ Turn, Toe Switches, Body Roll, Sailor ¼ Turn

1-2	Touch L toes to L side, turn ½ L stepping L foot in place
3&4	Point R toes to R side, step R foot beside L foot, point L toes to L side
5-6	Roll body from L to R (2 counts)

7&8 Turn ½ L crossing L foot behind R foot, step R foot in place, step L foot forward

(Rock, Recover, Behind Side Cross) X2

1-2	Rock R foot to R side, recover weight on L foot
3&4	Cross R foot behind L foot, step L foot to L side, cross R foot over L foot
5-6	Rock L foot to L side, recover weight on R foot
7&8	Cross L foot behind R foot, step R foot to R side, cross L foot over R foot

Forward Rock, Recover, Full Turn, Sailor Cross, Side Rock, Recover

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1-2	Rock R foot forward, recover weight on L foot	
3-4	Turn ½ R stepping R foot forward, turn ½ R stepping L foot back	
5&6	Cross R foot behind L foot, step L foot to L side, cross R foot over L foot	
7-8	Rock L foot to L side, recover weight on R foot	

Tag: After wall 3 and wall 6, add, (Behind Side Cross, Touch) X2

1-4 Cross L foot behind R foot, step R foot to R side, cross L foot over R foot, touch R toes to R

side

5-8 Cross R foot behind L foot, step L foot to L side, cross R foot over L foot, touch L toes to L

side