Star Turn Shuffle (P)



Compte: 56 Mur: 0 Niveau: Intermediate Partner

Chorégraphe: Julie & Brian - October 2011

Musique: Be a Star - Nicki Gillis: (CD: Lucy's Daughter)



Training Track - Shame on Me by George Strait (CD: Here for a Good Time)

Start both facing LOD in Sweetheart/Cape Position Opposite Footwork (start with weight on inside feet)

[1-8] Heel, Toe, Shuffle – Rock Forward, Recover, Shuffle ½ Turn

Gent

1-4 Touch Left heel forward, Touch Left toe back, Left shuffle forward

5-8 Rock Forward onto Right, Recover to Left, Right Shuffle ½ turning Right to end facing RLOD

Ladies

1-4 Touch Right heel forward, Touch Right toe back, Right shuffle forward

5-8 Rock Forward onto Left, Recover to Right, Left Shuffle ½ turning Left to end facing RLOD (Maintain Double Hand hold bring the Right hand over the ladies head to end facing RLOD in reverse VW)

[9-16] Heel, Toe, Shuffle – Rock Forward, Recover, Shuffle ½ Turn

Gent

9-12 Touch Left heel forward, Touch Left toe back, Left shuffle forward

13-16 Rock Forward on Right, Recover to Left, Right Shuffle ½ turning Right to end facing LOD

Ladies

9-12 Touch Right heel forward, Touch Right toe back, Right shuffle forward

13-16 Rock Forward on Left, Recover to Right, Left Shuffle ½ turning Left to end facing LOD

(Release Hands join holding Inside hands after the half turn)

[17-24] Step Side together 1/4 turn shuffle - step 1/2 pivot shuffle

Gent

17-20 Step Left to Left Side, Step Right next to Left, ¼ turn Left on a Left Shuffle (Gent facing

ILOD)

21-24 Step on Right, Pivot ½ turn Left, Right Shuffle to rejoin Partner in Double Hand Hold (across

LOD)

Ladies

17-20 Step Right to Right Side, Step Left next to Right, ¼ turn Right on a Right Shuffle (Lady facing

OLOD)

21-24 Step on Left, Pivot ½ turn Right, Left Shuffle to rejoin Partner in Double Hand Hold (across

LOD)

(Gent facing OLOD Lady facing ILOD double hand hold)

[25-32] Rock Recover, Cross Shuffle - Rock Recover, Cross Shuffle

Gent

25-28 Rock Left to Left Side, Recover onto Right, Cross Shuffle Left foot over Right 29-32 Rock Right to Right Side, Recover onto Left, Cross Shuffle Right foot over Left

Ladies

25-28 Rock Right to Right Side, Recover onto Left, Cross Shuffle Right foot over Left Rock Left to Left Side, Recover onto Right, Cross Shuffle Left foot over Right

[33-40] Side, Behind, ¼ turn shuffle (Gent), ¾ right turn shuffle (lady) - Step, Step, Shuffle

Gent (Release Right Hand and raise Left for Lady's Turn under the Leading Hands in front of Gent)

33-36 Step Left to Left, Right behind Left, ¼ Left on Left Shuffle (end facing LOD in Closed

Western)

37-40 Step Forward on Right, Step Forward on Left, Right Shuffle to LOD

Lady	
33-36	Step Right ¼ turn towards LOD, Step ½ turn Right and back on left foot, Right Shuffle
	backwards (end facing RLOD in Closed Western),
37-40	Step Back on Left, Step Back on Right, Left Shuffle (Ladies now travelling backwards to
	LOD)

[41-48] Star Turn: Shuffle ¼, Shuffle ¼, Shuffle ¼, Shuffle ¼

Gent	
41-44	1/4 Turn on Left Sh
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huffle, ¼ Turn on Right Shuffle 1/4 Turn on Left Shuffle, 1/4 Turn on Right Shuffle 45-48

Lady

41-44 1/4 Turn on Right Shuffle, 1/4 Turn on Left Shuffle 45-48 1/4 Turn on Right Shuffle, 1/4 Turn on Left Shuffle

(Stay in Closed Western throughout this 360° Right Turn over 4 x 1/4 turning shuffles)

[49-56] Gent: Rock Forward, Recover, Triple step; Lady: Rock Back, Recover shuffle ½ turn – Rock, Recover, Shuffle Forward

G	en	ıt

53-56

49-52	Rock Forward on Left, Recover to Right, Triple step slightly backwards (Left, Right, Left)
53-56	Rock Back onto Right, Recover onto Left, Right Shuffle to LOD
Lady	
49-52	Rock Back on Right, Recover onto Left, Shuffle ½ Turn over Right Shoulder (back to Sweetheart LOD)

Keep Smiling and Start again

Choreographed for the Grand Union Promotions "Awesome Autumn Party" weekend in Bournemouth.

Rock Back onto Left, Recover onto Right, Left Shuffle to LOD

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