Af Af Af (Down, Down, Down)

Niveau: Beginner

Chorégraphe: Martie Papendorf (SA) - November 2011

Musique: Af en Af - Kurt Darren : (3:05)

Af Af Af also has the double meaning of "Off, Off, Off" in all the meanings of that word!

Alt. Music - Af en Af by Carlo en Leo/ Helemaal Hollands on Vanavond gaat het gebeuren [3.04 152bpm]

Start - On vocals after 16 beats

Compte: 32

S1: Vine with a touch R and L.

1,2,3,4 Step R to right side, Cross L behind R, Step R to right side, Touch L next to R, 5,6,7,8 Step L to left side, Cross R behind L, Step L to left side, Touch R next to L

S2: [Step R, Pop L knee, Step L, Pop R knee], Repeat

1,2,3,4Step R next to L, Pop L knee across R, Step L next to R, Pop R knee across L,5,6,7,8Repeat

S3: Diagonal fwd, Together, 2 Heel bounces, Back, Together, 2 Heel bounces

- 1,2 Step R fwd to right diagonal, Step L next to R, 1.30
- 3,4 Bounce both heels 2x [weight to R],
- 5,6 Step L back keeping on right diagonal, Step R next to L,
- 7,8 Bounce both heels 2x [weight to L]

S4: Step, Touch, Step, Touch, Step, Touch, Step, Touch

- 1,2 Step R to right side to face 3.00, Touch L next to R, 3.00
- 3,4 Step L in place, Touch R next to L,
- 5,6 Step R to right side, Touch L next to R, 3.00
- 7,8 Step L in place, Touch R next to L





Mur: 4

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