

# Shake It For Me

**Compte:** 48

**Mur:** 4

**Niveau:** Phrased Intermediate

**Chorégraphe:** Jena McKinney (USA) & Derek Fuller - April 2011

**Musique:** Country Girl (Shake It for Me) - Luke Bryan



## **PART A - 32 counts**

### **Twist, Shuffle left, ½ turn by stepping right then left, Shuffle right**

- 1&2 Twist on balls of feet with heels to right bring home and right
- 3-4 Shuffle to left (left together left)
- 5-6 Step right turning ½ left, now facing 6 o'clock step right behind left
- 6-8 Shuffle right (right together right)

### **Stomp left, Kick left, coaster left, jumps forward, back, forward, clap**

- 1-2 Stomp left foot in place, kick left
- 3&4 Coaster Left (Step back left, step back right, step with weight forward left)
- &5 Jump forward Right then left (legs apart)
- &6 Jump home Right then left (legs home)
- &7-8 Jump forward Right then left, Clap on &,8

### **Sailor Right, Sailor Left, Shuffle forward Right, Shuffle forward Left**

- 1&2 Step right foot behind left, step out left, step out with right
- 3&4 Step left foot behind right, step out right, step out with left
- 5&6 Shuffle forward right, left, right
- 7&8 Shuffle forward left, right, left

### **Mambo right, Sailor ¼ turn left, walk forward R-L-R hitch L, step out-out-home, flick right foot**

- 1&2 Rock forward right, recover left, bring right foot home
- 3&4 Step left foot behind right as you turn ¼ left (facing 9 o'clock), step out right, step out left
- 5&6& walk forward quick right, left, right, hitch left
- 7&8& step out left, step out right, step home with left, flick right foot behind left

## **PART B – 16 counts (always on Chorus)**

### **Coaster right, chasing shuffle turns with emphasis on hips shakes**

- 1&2 Coaster Right (Step back right, step back left, step with weight forward right)
- 3&4& Shuffle left (left together left) turn ¼ left with small right hitch (weight on left)
- 5&6& Shuffle right (right together right) turn ¼ left (weight on right)
- 7&8 Shuffle left (left together left)

### **Quick jazz boxes, walk forward R-L-R hitch L, step out-out-home, flick right foot**

- 1&2 cross right over left, step out left, step out right
- 3&4 cross left over right, step out right left
- 5&6& walk forward quick right, left, right, hitch left
- 7&8& step out left, step out right, step home with left, flick right foot behind left

**Sequence:** AA BB AA BB AAA BBBB A