Mama Do



Compte: 64 Mur: 4 Niveau: Intermediate

Chorégraphe: Cathy Hodgson (UK) - June 2009

Musique: Mama Do (Uh Oh, Uh Oh) - Pixie Lott



Intro: quick (uh oh, uh oh, 6, 7, 8)

STEP SLIDE BALL CHANGE, CHASSE LEFT, ROCK, RECOVER, TURN 1/4 RIGHT

1-2 Step right to side, slide left up to right&3 Weight to left, cross right over left

4&5 Chassé side left, right, left

6-7 Rock back diagonally right, recover to left
8 Step right forward as you turn ¼ right

STEP SLIDE BALL CHANGE, CHASSE RIGHT, ROCK, RECOVER, TURN 1/4 RIGHT

1-2 Step left to side, slide right up to left &3 Weight to right, cross left over right

4&5 Chassé side right, left, right

6-7 Rock back diagonally left, recover to right

8 Step left back as you turn ¼ right

SIDE STEP RIGHT, HOLD, BALL SIDE, TOUCH (RIGHT AND THEN LEFT)

1-2 Step right to side, hold

&3-4 Step left together, step right to side, touch left together

5-6 Step left to side, hold

&7-8 Step right together, step left to side, touch right together

RIGHT SHUFFLE, STEP, 1/2 TURN, LEFT SHUFFLE, STEP, 1/4 TURN

1&2 Chassé forward right, left, right

3-4 Step left forward, half turn over right shoulder (weight on right)

5&6 Chassé forward left, right, left

7-8 Step right forward, turn ¼ left (weight to left)

WEAVE TO THE LEFT, SWEEP FROM FRONT TO BACK, BEHIND, SIDE, CROSS, POINT

1-2 Cross right over left, step left to side

3-4 Cross right behind left, sweep left around and behind right

5-6 Cross left behind right, step right to side

7-8 Cross left over right, point right out to right side (no weight)

CROSS POINT, CROSS POINT, REVERSE CROSS POINT, CROSS POINT

1-2 Cross right over left, touch left to side
3-4 Cross left over right, touch right to side
5-6 Cross right behind left, touch left to side
7-8 Cross left behind right, touch right to side

STOMP, HOLD, BALL STOMP, TOUCH TWICE

1-2 Stomp right forward, hold

&3-4 Step left together, stomp right forward, touch left together

5-6 Stomp left forward, hold

&7-8 Step right together, stomp left forward, touch right together

ROCK FORWARD, RECOVER, SHUFFLE 1/2 TURN TWICE, ROCK BACK, RECOVER

1-2	Rock right forward, recover to left
3&4	Shuffle turn 1/2 right, right, left right
5&6	Shuffle turn ½ right, left, right, left
7-8	Rock right back, recover to left

REPEAT

SIDE TOUCH, TURN ¼ LEFT, TOUCH, STOMP, HEEL BOUNCES X 3 WITH ¼ TURN

1-2	Step right to side	e, touch le	ft together
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3-4	Turn $\frac{1}{4}$ left and step left forward, touch right together
5-8	Stomp right foot forward, bounce on heels turn 1/4 left