Love This Pain



Compte: 48 Mur: 4 Niveau: Improver

Chorégraphe: Adrian Helliker (FR) - 2010

Musique: Love This Pain - Lady A: (CD: Need You Now)



INTRO: 32 COUNTS

[1-8] ROCK, RECOVER, COASTER STEP, STEP PIVOT, STOMP X2

1-2 Rock forward on left, recover onto right

3&4 Step back on left, close right beside left, step forward on left

5-6 Step forward on right, pivot half turn to left

7-8 Right stomp, left stomp

[9-16] RIGHT SCISSOR STEPS, LEFT SCISSOR STEPS

1&2	Right to right side, left beside right, right cross in front of left
3&4	Left to left side, right beside left, left cross in front of right
5&6	Right to right side, left beside right, right cross in front of left
7&8	Left to left side, right beside left, left cross in front of right

[17-24] LINDY RIGHT, ROCK BACK, RECOVER, LINDY LEFT, ROCK BACK, RECOVER

1&2 Shuffle to the right, R, L, R

3-4 Rock back on left, recover on right

5&6 Shuffle to the left, L, R, L

7-8 Rock back on right, recover on left

[25-32] STEP, LOCK, STEP, SCUFF X2

1-2	Step right in front, lock left behind right
3-4	Step right in front, left scuff forward
5-6	Step left in front, right lock behind left
7-8	Step left in front, right scuff forward

[33-40] ROCK FORWARD, RECOVER, STEP BACK, HOLD, ROCK BACK, RECOVER, STEP FORWARD, HOLD

1-2 Rock forward on right, recover onto left

3-4 Step back on right - hold

5-6 Rock left back, recover onto right

7-8 Step forward on left – hold

[41-48] JAZZ BOX WITH 1/4 TURN, WEAVE WITH POINT

1-2	Cross right in front of left, step back onto left
3-4	Make 1/4 turn to the right, left beside right
5-6	Right cross in front of left, left to left side
7-8	Right behind left, left points to the left side

TAG: 12 COUNT TAG AT THE END OF WALL 6 WEAVE WITH POINT X2, CROSS POINTS X2

1-2	Left cross in front of right, right to right side
3-4	Left behind right, right points to the right side
5-6	Right cross in front of left, left to left side
7-8	Right behind left, left points to the left side

9-10 Left cross in front of right, right points to the right side 11-12 Right cross in front of left, left points to the left side

