Bless Your Heart



Compte: 32 Mur: 2 Niveau: Beginner CONTRA

Chorégraphe: Lisa M. Johns-Grose (USA) - February 2012

Musique: Prettier Than Me - Miranda Lambert



Note: Lines begin facing each other. Each person is in line with a passing window in from of them.

VINE R- VINE L- R SIDE MAMBO- L SIDE MAMBO

1&2& Right side, left behind, right side, touch left 3&4& Left side, right behind, left side, touch right

Rock right to right, recover to left, step right next to left Rock left to left, recover to right, step left next to right

R SHUFFLE FWD - SCUFF L- L SHUFFLE FWD- SCUFF R

1&2& Step forward on right, step left next to right, step forward on right, scuff left forward 3&4& Step forward on left, step right next to left, step forward on left, scuff right forward

Note: These steps are the steps you use to pass through the window in front of you, thus switching sides in line. You should be back to back here.

R ROCKING CHAIR- PIVOT 1/2 LEFT- TOUCH R

5&6& Rock forward on right, recover back on left, rock back on right, recover forward on left

7&8 Touch right forward, pivot ½ turn left, touch right forward

Note: When these steps are complete you should be once again facing the person in front of you, lined up with your passing window.

R SIDE- L TOGETHER- R SIDE- L TOUCH- HIP BUMPS L-R-L-R

1&2& Step right to right, step left next to right, step right to right, touch left next to right

3&4& Bump hips Left, right, left, right

5&6& Step left to left, step right next to left, step left to left, touch right next to left

7&8& Bump hips right, left, right, left

R TOE STRUT FWD- LEFT TOE STRUT FWD- R FWD MAMBO

1&2& Step forward on right toe, step down right heel, step forward on left toe, step down left heel

Rock forward on right, recover back on left, step right next to left

L TOES STRUT BACK- R TOE STRUT BACK- L COASTER

5&6& Step back on left toe, step down left heel, step back on right toe, step back on heel

7&8 Step back on left, step right next to left, step forward on right

BEGIN AGAIN!