Teressa



Compte: 32 Mur: 4 Niveau: Intermediate - Jive / Lilt

Chorégraphe: Bronya Bishorek (MY) - March 2012

Musique: Teresa - Paolo Belli : (Album: Giants of Latin)



Count In: 16 beats

NOTE: Choreographed in honor of Teressa Liu's 70th birthday. Dance keeps you ALIVE!!

TOE HEEL SWIVEL, HITCH, CROSS X 2

1-4 Swivel your R toe in next to your LF, swivel your R heel out to a R diagonal, hitch your R

knee up & rise on the ball of your LF, step RF across LF

5-8 Swivel your L toe next to your RF, swivel your L heel out to the L diagonal, hitch your L knee

up & rise on the ball of your RF, step LF across RF

EASY OPTION: 1-4 Touch R toe next to LF, extend R heel f/wd, hitch R knee, step RF across LF

5-8 Touch L toe next to RF, extend L heel f/wd, hitch L knee, step LF across RF

14 R, GIRLY WALK/CHICKEN WALK F/WD, SHUFFLE RIGHT, 12 TURN SHUFFLE LEFT

1-4 Turn ¼ R and walk f/wd RF,LF,RF,LF while swiveling hips [3:00]

5&6 Step RF to R, close LF next to RF, step RF to R

7&8 ½ turn R and step LF to L, closed RF next to LF, step LF to L [9:00]

EASY OPTION: 5-6 Tap RF, step RF to R
7-8 ½ turn R & tap LF, step LF to L

KICK CROSS, KICK SIDE, SAILOR STEP X 2

1-2	Kick RF	diagonally	across in	front of LF.	kick RF to R
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3&4 Step RF across & behind LF, step LF next to RF, step RF to R

5-6 Kick LF diagonally across in front of RF, kick LF to L

7&8 Step LF across & behind RF, step RF next to LF, step LF to L

SIDE TOE STRUT, CROSS TOE STRUT, BIG STEP, BALL CHANGE, STEP

1,2 Tap RF to R, step RF to R

3,4 Tap LF across, step LF over RF

5,6 Make a large step R with RF, pull LF towards RF but don't close

7 Step ball of LF behind R heel

&8 Step RF in place, step LF f/wd [9:00]

Choreographers Note: This is a really lively dance, created in celebration of the life of a very lively dance teacher & friend who has never allowed her age to slow her down.

After all 'Age is just a number'. HAPPY BIRTHDAY TERESA!