

# Losing Myself

**Compte:** 32

**Mur:** 4

**Niveau:** Intermediate

**Chorégraphe:** David Sinfield (UK) - March 2012

**Musique:** Losing Myself - Will Young



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## **SIDE ROCK, CROSS SHUFFLE, ROCK ¼ TURN, LEFT SHUFFLE**

- 1-2 Rock right to side, recover to left
- 3&4 Crossing chassé right, left, right
- 5-6 Rock left to side, step right into a ¼ turn right
- 7&8 Chassé forward left, right, left

## **STEP POINT, SAILOR SHUFFLE, BEHIND, POINT, CROSS SHUFFLE**

- 1-2 Step forward right, point left to left
- 3&4 Step left behind right, step right to right, step left to left
- 5-6 Step left behind right, point left to left
- 7&8 Crossing chassé left, right, left

## **SIDE, CLOSE, SHUFFLE ¼ TURN RIGHT, STEP PIVOT, SHUFFLE ½ RIGHT**

- 1,2 Step right to right side, cross left behind right
- 3&4 Step right to right side, close left beside right, make a ¼ turn right stepping forward on right
- 5,6 Step forward on left, make a ½ turn right.
- 7&8 Shuffle ½ turn right stepping left, right, left

## **½ TURN RIGHT, POINT, SAILOR SHUFFLE, BEHIND, SIDE, PADDLE TURN ¼ LEFT**

- 1-2 Make a ½ turn right stepping right to right side, point left to left
  - 3&4 Step left behind right, step right to right, step left to left
  - 5-6 Cross right behind left, step left to left
  - 7&8 Paddle ¼ turn left with hip rolls, touch right beside left
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