

2 AM Shuffle

Compte: 32

Mur: 4

Niveau: High Beginner / Easy
Intermediate



Chorégraphe: Dianne Bishop (CAN) & Gloria Kirchner (CAN) - April 2012

Musique: Oh Lonesome You - Trisha Yearwood : (CD: Hearts In Armor)

Start on Vocals, 14 Counts from downbeat

CROSS SHUFFLES, ROCK RECOVER

- 1&2 Cross left over right, step side right, cross left over right
- 3-4 Rock side on right, recover on left
- 5&6 Cross right over left, step left side left, cross right over left
- 7-8 Rock side left, recover on right

SHUFFLE FORWARD, ½ TURN PIVOT, ¼ TURN SIDE SHUFFLE, ROCK RECOVER

- 9&10 Shuffle forward LRL
- 11-12 Touch R toe forward, pivot ½ turn L, Keeping weight on L
- 13&14 Turn ¼ turn L, as you side shuffle RLR
- 15-16 Rock back on L, recover on R

SIDE SHUFFLE, ROCK RECOVER ¼ TURN, 360 SPIN TURN, SHUFFLE

- 17&18,19, 20 Side shuffle LRL, Rock back on R making a ¼ turn right, recover on L
- 21-22 Stepping forward on R, spin 360 left on ball of R foot, step forward L
- 23&24 Shuffle forward RLR

HEEL SWITCHES, BALL CROSS ROCK, ¼ TURN SHUFFLE, SHUFFLE

- 25&26 Place L heel forward, quickly step down on L and place R heel forward
- &27-28 Quickly step down on R, cross left over R, rock side R
- 29&30 Turn ¼ left as you shuffle forward LRL
- 31&32 Shuffle forward RLR

Repeat,

TAG: After second time through, facing back wall, add TAG

JAZZ BOXES

- 1-4 Cross L over R, step back R, Step side L, step together with R
- 5-8 Repeat counts 1-4

NOTE:

This dance can also be done to Neal McCoy's – The City Put The Country Back In Me (CD: Greatest Hits)
If this song is used there is no tag.