# Waltz At One

Compte: 24

Niveau: Absolute Beginner

Chorégraphe: Linda Nyholm (CAN) - May 2012

Musique: Almost any waltz, best with a 24 count waltz

This is a great intro waltz for beginners-and a long-time fav with my class

## [1-6] Twinkle left and right

- 1-2-3 Step left across right, right next to left, left next to right
- 4-5-6 Step right across left, left next to right, right next to left

## [7-12] Forward and back basic waltz

7-8-9 Step fwd on left, right next to left, left next to right 10-11-12 Step back on right, left next to right, right next to left

# [13-18] Forward ¼ basic, back basic

- Step left fwd, turning ¼ to left, right next to left, left next to right 13-14-15
- 16-17-18 Step back on right, left next to right, right next to left

## [19-24] Forward ¼ basic, back basic

- 19-20-21 Step left fwd, turning 1/4 to left, right next to left, left next to right
- 22-23-24 Step back on right, left next to right, right next to left

## Repeat

#### Contact: ladylinedancer@gmail.com





**Mur:** 2