One Moment In Time



Compte: 32 Mur: 2 Niveau: Improver

Chorégraphe: Thomas C. Tam (CAN) - June 2012

Musique: One Moment in Time - Whitney Houston : (Album: The Ultimate Collection)



Intro: 16 counts

				CDCC	1// I CCT 1//	I EET CDCCC
S1: FORWARD	. DAUN. DAUN	. DAUN MAMDU	. 1/4 KIGN I .	CRUSS.	1/4 LCC 1 . 1/4	LEFT. UKUSS

1-3 Step R forward, step back L, R

4&5 Rock L back, recover on R, step L forward

6-7 Turn 1/4 right with weight on R, cross L over R [3:00]

8&1 Turn 1/4 left stepping R back, turn1/4 left stepping L to left side, cross R over L [9:00]

S2: SIDE, TOUCH, RIGHT ROLLING VINE, BACK, RECOVER, 1/2 LEFT, RIGHT VINE

2-3 L large step to left dragging R, touch R next to L

4&5 Turn 1/4 right stepping R forward, turn 1/2 right stepping L back, turn 1/4 right stepping R to

right

Rock L behind R, recover on R, turn 1/2 left crossing L over R [3;00] 88&1 Step R to right, cross L behind R, step R to right, cross L over R

S3: RECOVER, SIDE, CROSS, RECOVER, 1/4 RIGHT, CHASE 1/2 RIGHT, 1/2 LEFT, BACK, TOUCH

2-3 Recover on R, step L to left

Cross R over L, recover on L, turn 1/4 right stepping R forward [6:00]

Step L forward, turn 1/2 right with weight on R, step L forward [12:00]

Turn 1/2 left stepping R back, step L back, touch R in front of L [6:00]

[At Wall 8, add Count 2, hook R over L, then restart]

S4: ROCK, RECOVER, COASTER STEP, CROSS, SPIRAL FULL TURN RIGHT, FORWARD, LOCK

2-3 Rock R forward, recover on

Step R back, step L next to R, step R forward
Cross L over R, full turn right transferring weight to L

8& Step R forward, lock L behind R

6-count tag after Wall 4 [12:00]

CHASE 1/2 LEFT, CHASE 1/2 RIGHT

Step R forward, turn 1/2 left with weight on L, step R forward
 Step L forward, turn 1/2 right with weight on R, step L forward

Contact: mylduniverse@gmail.com (revised on June 25, 2012)