

# Back It Up

**Compte:** 32

**Mur:** 2

**Niveau:** Intermediate

**Chorégraphe:** Darren Bailey (UK) & Raymond Sarlemijn (NL) - September 2012

**Musique:** Back It Up - Caro Emerald



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## **Walk x2, 3/4 chase turn L, syncopated weave R, 1/4 turn R.**

- 1-2 Step forward on Rf, step forward on Lf
- 3&4 Step forward on Rf, make a 1/2 turn pivot L (weight ends on Lf), make a 1/4 turn L and step Rf to R side
- 5&6& Cross Lf behind Rf, step Rf to R side, cross Lf over Rf, step Rf to R side
- 7-8 Cross Lf behind Rf, make a 1/4 turn R and step forward on Rf

## **1/2 chase turn R, 1/2 turn L x2, 1/4 turn L bump to R, 1/2 turn L bump to L.**

- 1&2 Step forward on Lf, make a 1/2 turn pivot R (weight ends on Rf), step forward on Lf
- 3-4 Make a 1/2 turn L and step back on Rf, make a 1/2 turn L and step forward on Lf
- 5-6 Make a 1/4 turn L and touch Rf to R side at the same time bump hip up to R, step down onto Rf
- 7-8 Make a 1/2 turn L and touch Lf to L side at the same time bump hip up to L, step down onto Lf

## **Cross, back, side, x2, Walk x2, out, out, in, cross.**

- 1&2 Cross Rf over Lf, step back on Lf, step Rf to R side
- 3&4 Cross Lf over Rf, step back on Rf, step Lf to L side
- 5-6 Step forward on Rf, step forward on Lf
- 7&8& step Rf to R side, Step Lf to L side, Step Rf into centre, cross Lf over Rf

## **1/4 turn R, step forward, pivot 1/2 turn R, 1/2 turn R stepping back, walk back x3, close.**

- 1-2 Make a 1/4 turn R and step forward on Rf, step forward on Lf
- 3-4 Make a 1/2 turn pivot R (weight ends on Rf), make a 1/2 turn R and step back on Lf
- 5-6 Step back on Rf, step back on Lf
- 7-8 Step back on Rf, close Lf next to Rf

**(Feel free to add you own styling to the walk backs)**

**Start again.**

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