Co Pilot



Compte: 64 Mur: 4 Niveau: Phrased Intermediate

Chorégraphe: Nathalie Lagache (FR) - October 2012

Musique: Co-Pilot - Corneille & Kristina Maria



Start after 32 counts on lyrics - Sequences: A A B B A A B B A A A B B A

Pattern A

A Part 1 [1 - 8]

Side, Behind, Side, Cross, Side, Pivot 1/4 turn, kick, coaster step

1-2 R to Right Side, L behind R

R to right side, L beside R, R to R side 5-6 Pivot ¼ turn R, Kick with R (3:00) Rack step with R, L next to R, L fwd

A Part 2 [9 – 16]

Side, Hold, touch, Side, 2x 1/2 turn R, Syncopated Back Cross Rock Step

1-2 L to left side, hold (with 2 movments of shoulders)

3-4 Touch with R, R to right side,

5-6 Right Pivot ½ turn with L to left (R hand behind neck), Right Pivot ½ turn with R to right side

(L hand behind neck) (3:00)

7&8 Back Rock step with L crossing behind R, recover R, L next to R

A Part 3 [17 - 24]

(Touch, Pivot ¾ de tour D) x2, R Mambo, L Back Rock Step,

Touch with R, Right Pivot ¾ turn with R fwd (12:00)
 Touch with L, Right Pivot ¾ turn with weight onto L (9:00)

5&6 R to right side, recover L, R next to L

7-8 Left back step, recover R

A Part 4 [25 - 32]

Side, cross, Scissor Cross, Heel switches Ball Cross

1-2 L to left, R next to L

3&4 L to left, R next to L, L cross over R

5&6& R Heel fwd, recover R, L Heel fwd, recover L

7&8 R Heel fwd, Ball on R, L cross over R

Pattern B (for a start to 9:00)

B Part 1 [1 - 8]

Side, Cross beside, Sweep, Cross, Side, Cross beside, R Sweep ¼ turn, Step fwd

1-2 R to right side, cross L over R
3-4 Sweep with R, cross R over L
5-6 L to left side, Cross R over L
7-8 Sweep ¼ turn R, L fwd (12:00)

B Part 2 [9 - 16]

Step fwd, Touch, Recover, Back Rock Step, L full turn;

1-2 R fwd, touch L behind R (hold out right hand)

3-4 L back step, Back Rock step on R (hold out left hand, shoulders pivot)

5-6 L fwd, ¼ turn left with R to the right (9:00)

7-8 ½ turn left with L to the left, ¼ turn left with R fwd (12:00)

B Part 3 [17 - 24]

Point, Step fwd, Point, Step fwd, Point, Ball Step, Pivot ½ tour L

1-2 Point L to left (hold out R hand to R), L fwd 3-4 Point R to right (hold out L hand to L), R fwd

5&6 Point L to left (hold out R hand to R), L behind R, R fwd

7-8 Left pivot ½ turn on both foot (6:00)

B Part 4 [25 - 32]

Heel Switches, Point x 3, ball, Cross

1&2 R heel fwd, recover R, L heel fwd

&3&4 Recover L, R heel fwd, Recover R, L heel fwd

&5&6 Recover L, Point R to right (L hand to L), recover R, Point L to left (R hand to R)

&7&8 Recover L, Point R to rght (R hand to R), recover R, cross L over R

Ending:-

Dancing the ten latest counts of the 8th A. For the latest two counts, make only one movment of shoulders and lean you.

Restart & have fun!