M B Angel (Morecambe Bay Angel)

Niveau: High Beginner

Chorégraphe: Ryan King (UK) - November 2012

Musique: Better Than I Used to Be - Tim McGraw

8 count intro

Compte: 16

Nightclub Basic Forward, Rock Recover Step, Coaster Step, Sweep, Cross Side Behind, Sweep, Behind Side	
1 2&	Step forward on right, Rock Forward Left, Recover onto Right.
3 4&	Step Back Left, Step Back Right, Step Left next to Right.
5 6&	Step Forward Right Sweeping Left Infront, Cross Left over Right, Step Right to Right Side.
7 8&	Step Back Left Sweeping Right Behind, Step Right Behind Left, Step Left to Left Side.
R Cross Rock Recover, L Cross Rock Recover, 1/4 L Walk x 2, Rocking Chair	
1 2&	Cross Rock Right over Left, Recover onto Left, Step Right to Right Side.
3 4&	Cross Rock Left over Right, Recover onto Right, Step 1/4 Left.
56	Walk Forward Right, Walk Forward Left.
7&8&	Rock Forward Right, Recover Left, Rock Back Right, Recover Left.
Written for the Saloon Drifters weekend in Morecambe. Dance named by the people who attended the event.	

Also available as a partner dance.

Contact: Nightsaberx@gmail.com





Mur: 4