

Shuffle Cha

COPPER KNOB
STEPSHEETS

Compte: 32

Mur: 4

Niveau: Beginner - Cha Cha

Chorégraphe: Irene Tang (HK) - January 2013

Musique: Sleeping Child - Michael Learns to Rock



Count In: After 24 counts

SEC 1: SIDE, BACK ROCK, RECOVER, R CHASSE, FWD ROCK, RECOVER, L CHASSE

- 1 – 3 Side LF to L, Rock RF back, Recover weight to LF
- 4&5 Side RF to R, Close LF to RF, Side RF to R
- 6 – 7 Rock LF fwd, Recover weight to RF
- 8&1 Side LF to L, Close RF to LF, Side LF to L

SEC 2: BACK ROCK, RECOVER, 3 X FWD SHUFFLE

- 2 – 3 Rock RF back, Recover weight to LF
- 4&5 Step RF fwd, Lock LF behind RF, Step RF fwd
- 6&7 Step LF fwd, Lock RF behind LF, Step LF fwd
- 8&1 Step RF fwd, Lock LF behind RF, Step RF fwd

SEC 3: FWD ROCK, RECOVER, 3 X BACK SHUFFLE

- 2 – 3 Rock LF fwd, Recover weight to RF
- 4&5 Step LF back, Lock RF over LF, Step LF back
- 6&7 Step RF back, Lock LF over RF, Step RF back
- 8&1 Step LF back, Lock RF over LF, Step LF back

SEC 4: BACK ROCK, RECOVER, 1/4 R CHASSE, FWD ROCK, RECOVER, L CHASSE

- 2 – 3 Rock RF back, Recover weight to LF start turning 1/4 to L
- 4&5 Complete 1/4 and side RF to R, Close LF to RF, Side RF to R (9:00)
- 6 – 7 Rock LF fwd, Recover weight to RF
- 8& Side LF to L, Close RF to LF

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